



# The Compassionate Friends

October 2020

Serving Upper Bucks and Montgomery Counties

## IMPORTANT UPDATE:

Due to COVID restrictions the monthly support group meetings normally held at St. Luke's Hospital, are now being held either outdoors or virtually via Zoom. The next Support Group Meeting will be held on Sunday, October 11 from 12-2, at the Memorial Garden located in James Memorial Park on Ridge Road in Sellersville. Masks are required and please bring a lawn chair. Rain date will be a Virtual Zoom Meeting on Tuesday Oct 13 at 7:30. Information regarding the Zoom Mtg. can be found on our Website and Facebook Page. Also a mass email will be sent out. Look forward to seeing all of you at the meeting.



Donations made in memory of your child, grandchild or sibling are always welcome, but more so this year. Due to COVID restrictions we had to cancel our biggest fundraiser, the annual Memorial Walk and Butterfly Release. Please help us help others. We Need Not Walk Alone.

<https://www.facebook.com/groups/123802347679381/>  
[Our private facebook group](#)

24th Annual World Wide Candle Lighting  
Hosted by the Compassionate Friends Quakertown Chapter

**WHAT:** a time to remember our loved ones who have died. It is sponsored by the local Compassionate Friends chapter, which supports parents, grandparents, and siblings who have had a child, grandchild, or sibling die.

**WHEN:** December 13, 2020 @ 6:30p.m. from your warm home on Zoom. The link will be sent out closer to the date. You will light a candle in your own home at 7pm, with the whole world lighting at 7pm local time.

**SLIDESHOW** If you opted out of submitting photographs in previous years, you may submit **up to 3 photos** that highlight your child, grandchild or sibling. If you did this previously, do not re-submit for the same person.

How to Submit Photos: Email the photos to [candlecfquakertown@gmail.com](mailto:candlecfquakertown@gmail.com) - due to Covid, all photos must be scanned. Include the **FIRST and LAST name of the child in the email subject line**. You **will receive an email back** confirming they were received and that they work for the slideshow [Sometimes they are too small or grainy to be included and we will work with you to re-submit]. Photos must be **emailed by Nov. 15**, no exceptions.

Questions can be directed to the above email or 484-408-7314.



If you are reading this newsletter and do not receive emails from the chapter, and would like to, please email [contact@tcfquakertownpa.org](mailto:contact@tcfquakertownpa.org) to be included on the email list. Be sure to include your name!



As our membership grows costs are rising to mail paper copies of the newsletter each month. Please consider receiving the newsletter by email, or Facebook, or our website. Please contact us with your email address!!! Thank you for helping us SAVE funds!!! email or scan ----->  
[contact@tcfquakertownpa.org](mailto:contact@tcfquakertownpa.org)



Quakertown Chapter  
PO Box 1013  
Quakertown, PA 18951  
Chapter Info Line: 484-408-7314  
[contact@TCFQuakertownpa.org](mailto:contact@TCFQuakertownpa.org)  
website: [www.tcfquakertownpa.org](http://www.tcfquakertownpa.org)

Please give some thought to volunteering with The Compassionate Friends. Our Chapter is growing and we need helping hands to continue to help others that are new to this path of grief. We need not walk alone.



# The Compassionate Friends

## Quakertown Chapter

### Supporting Family After a Child Dies

### Serving Bucks and Montgomery Counties



#### About Our Chapter

Barbara Reboratti, Chapter Coordinator & Chapter Delegate to National  
 Ginny Leigh-Manuel-Membership Outreach  
 Crystal Hunter, Social Media Coordinator & Sibling Outreach  
 Sherri Albro, Chapter Treasurer  
 Gail Blase, Chapter Secretary  
 Mary Anne Macko, Assistant Secretary  
 Linda Stauffer, Chapter Newsletter & Website Creator & Maintenance  
 Theresa Sitko, Memorial Garden Director  
 Lynette Lampmann, Hospitality  
 Diane Guerecki, Remembrance Cards  
 Lisa Dechant, Remembrance Cards  
 Dianna Cox  
 Bob Albro

#### TCF National Office:

877-969-0010

[www.compassionatefriends.org](http://www.compassionatefriends.org)

The Compassionate Friends is a nationally renowned 501 C (3) non-profit organization with 700 chapters in the US. All donations are tax deductible.

#### Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self- help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

#### To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain!. Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

#### To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK - what would it have been like for you at your first meeting if there had not been any TCF"veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

#### Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Re-member also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

#### Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meet-ing. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you're able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

#### Your Friends at TCF Quakertown Chapter

#### Library Books

We have a nice library of books for our members to check out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our monthly meetings. If you are not able to make the meeting you may mail it back to us or have someone else return it to us. Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

#### Newsletter Errors and Omissions

For any errors or omissions please contact Linda via email at [kt4ever@mac.com](mailto:kt4ever@mac.com) with the error and the correction for the next month newsletter. Please remember we are all volunteers and grieving

#### About This Newsletter

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by email: [newsletter@tcfquakertownpa.org](mailto:newsletter@tcfquakertownpa.org)

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have not notified us you will be removed from the mailing list.

#### Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the preceding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: [newsletter@tcfquakertownpa.org](mailto:newsletter@tcfquakertownpa.org)

We were put on this earth to love them

for as long as WE live... ○

not for as long as THEY lived.

- Alan Pederson



# Our Children Remembered for October Birthdays

- 10/3 - Michael Leach**, son of Beth Horwin  
**10/3 - Steffan Orazewski**, grandson of Crystal Kay  
**10/3 - Edward (Eddie) J. Ulanowski, III**, son of Lisa Dechant  
**10/6 - Ryan Barr**, son of Londonne & David Barr  
**10/7 - Jordan Campbell**, son of Marci Borits  
**10/7 - Allison Perno**, daughter of Cathy Perno  
**10/8 - Kisha Hesse**, daughter of Donna Hesse  
**10/9 - Rebecca VanLuvanee**, daughter of Daniel & Nanette Helms  
**10/9 - Becky Rosenberger**, daughter of Lois Rosenberger  
**10/10 - Jacob Burkett**, son of Kathleen & Jim Hardgrove  
**10/10 - Kaitlin Murphy**, daughter of Pat Murphy  
**10/10 - Christopher Rhudy**, son of Beth Ruch  
**10/10 - Josiah Weigner**, son of Keith Weigner  
**10/12 - Adrian Conrad**, infant son of Sarah Borolla & Adam Conrad; grandson of Pamela Anderson; Ronald & Barbara Borolla, Sr.  
**10/12 - Christopher Fonder**, brother of Brittini Fonder  
**10/15 - Frank Voce**, son of Anna & Frank Voce  
**10/16 - Jethro Hunter**, nephew of Crystal Hunter; grandson of Pat & Annette Hunter  
**10/16 - Stephen Stalheim**, son of Barbara & Gabriel Mertens  
**10/17 - David Neider**, son of Celeste Neider Nice; brother of Lexi Hull  
**10/19 - Andrew Lister**, son of Jennifer & Kevin Lister  
**10/20 - Dawn Cannon**, daughter of Joanne & David Cannon  
**10/20 - Nathan E. Charland**, son of Charles Charland  
**10/23 - Billy Savage**, son of Bill & Blanche Savage, brother of Jennifer  
**10/24 - David Grebe**, brother of Sue Grebe  
**10/25 - William Ingelido, Jr.**, son of Rosann Smiley & William Ingelido, Sr.  
**10/25 - Dillion Andrew Godwin**, son of Karen Godwin & Ray Gintowt  
**10/28 - Glen Scott**, son of Doris & Fred Crouthamel  
**10/30 - Miranda Lynn Schaup-Werner**, daughter of Shirley & Dennis Schaup  
**10/30 - Alex Shiloh**, son of Irena Shiloh



## “Tell Your Heart to Beat Again”

lyrics

[Danny Gokey](#)

You're shattered  
Like you've never been before  
The life you knew  
In a thousand pieces on the floor  
And words fall short in times like these  
When this world drives you to your knees  
You think you're never gonna get back  
To the you that used to be  
Tell your heart to beat again  
Close your eyes and breathe it in  
Let the shadows fall away  
Step into the light of grace  
Yesterday's a closing door  
You don't live there anymore  
Say goodbye to where you've been  
And tell your heart to beat again  
Beginning  
Just let that word wash over you  
It's alright now  
Love's healing hands have pulled you through  
So get back up, take step one  
Leave the darkness, feel the sun  
'Cause your story's far from over  
And your journey's just begun  
Tell your heart to beat again  
Close your eyes and breathe it in  
Let the shadows fall away  
Step into the light of grace  
Yesterday's a closing door  
You don't live there anymore  
Say goodbye to where you've been  
And tell your heart to beat again



## Coping with Loss and Grief During the Coronavirus Crisis

Grief is a natural response to loss, and feelings of loss can be compounded during a crisis like the COVID-19 pandemic. Sometimes, grief-related pain and symptoms—which can be emotional, physical, cognitive, and spiritual—can feel overwhelming, especially for people who are already mourning the death of a loved one.

Keep in mind that grieving during non-crisis times is a highly individual experience. [There is no right or wrong way to grieve](#), no “normal” timetable for grieving. Healing happens gradually and cannot be hurried.

In times of crisis, however, key factors and reactions can intensify your grief and hinder your ability to heal and recover from it. These include:

- **Heightened anxiety**, linked to uncertainty about the future, the loss of familiar routines, and concerns about your own or your loved ones’ health/well being
- **Heightened sense of loss**, linked to the death of a loved one or pandemic-related losses that leave you feeling overwhelmed, wondering how to put life’s pieces back together
- **Increased isolation and intensified grief**, whether from stay-at-home orders or social distancing measures that have compromised the critical, valuable support provided by funerals, memorials, and religious services

If you are in mourning, the intensity of your reactions will vary, depending on the nature of the loss and its meaning in your life, the nature of your relationship with the person who has died, other life stressors, and your personality, coping style, and life experiences.

### These Are Common Reactions to Grief

- Profound sadness, loneliness, emptiness
- Crying over seemingly nothing
- Despair about unrealized dreams
- Fear about getting sick (yourself or loved ones)
- Anger that the death occurred, that your loved one “abandoned” you, at healthcare institution/practitioner, at a deity or faith institution
- Short temper, irritability, or annoyance at others
- Guilt (e.g., feeling responsible for the death or suffering, regretting things that did/did not happen in the relationship, feeling guilty you survived)
- Insomnia or excessive sleeping
- Change in eating behaviors (eating less or more)
- Difficulty being with others
- Difficulty concentrating and retaining information; forgetfulness

- Re-living or re-experiencing prior losses

Generally, many grief-related symptoms will fade over time.

### When and How to Get Help for Grief

If grief-related symptoms do not ease—and if you find yourself having difficulty functioning—it is important to reach out for professional help. Call your physician, a mental health professional, or your faith practitioner if you experience any of these profound symptoms:

- Intense sorrow and painful rumination about your loss
- Increased alcohol or substance use
- Inability to focus on little else but your loved one’s death
- Excessive avoidance of any reminders of your loved one
- Intense and persistent longing or pining for your loved one
- Extreme difficulty accepting the death
- Numbness or detachment
- Extreme anger or bitterness about your loss
- Feeling that life holds no further meaning or purpose

### How to Care for Yourself and Get the Support You Need

Calming your anxiety begins with learning how to process grief during a crisis. Consider these self-care tips:

- Minimize watching, reading or listening to news that causes you to feel anxious or distressed. Seek information only from trusted sources.
- Avoid unhelpful coping strategies and substances, such as tobacco, alcohol, or other drugs.
- Be careful with “what if” thoughts. Manage your worst-case scenario thinking.
- Engage in personal self-care activities that bring joy (e.g., phone/virtual communication with friends and family, reading, listening to podcasts, watching comedy).
- Practice relaxation, meditation and self-expression via books, apps and online videos (e.g., yoga, mindful meditation, relaxation, writing, music, art, dance).
- Stay in the present. Take one day at a time.
- Utilize spiritual faith resources.
- Consider telehealth for mental health support (online consultations, teletherapy).
- Eat sufficient and healthy food. Exercise when you can.
- Monitor yourself for prolonged sadness, difficulty sleeping, hopelessness.
- Remind yourself how you coped with past life challenges and enact those coping strategies today.
- Call 911 for any health emergencies or if you have thoughts of harming yourself or others.

"Shared from Vitas Healthcare, [www.vitas.com](http://www.vitas.com)"

# *Our Children Remembered on the Anniversary of Their Death* *Loved, missed and always in our hearts*

10/2 - **Cindy Dise**, daughter of Hiram Wenhold; sister of Cheryl & Ralph Cassel, Barry Wenhold & Brian Wenhold  
10/2 - **Will Moyer**, son of Sue Simon; nephew of Amy Atkins  
10/3 - **Allison Fawcett**, daughter of Anne & Bernie Smith  
10/4 - **Zachery Roessler**, son of Chuck Roessler & Pam Howell  
10/6 - **Michelle Dena Dusza**, daughter of Steve & the late Darlene Dusza; sister of Jenn Geib  
10/6 - **Anna Nicole Fowler**, daughter of Rita Armstrong; sister of Nick Penecale  
10/6 - **Tom O'Donnell**, son of Thomas & the late Susan O'Donnell  
10/6 - **Candice Shirey**, sister of Chuck & Lori Stockert  
10/8 - **Heather Schaefer**, daughter of Linda Schaefer  
10/9 - **Becky Rosenberger**, daughter of Lois Rosenberger  
10/9 - **Sebastian Carey**, son of Christine Carey  
10/12 - **Mitchell Yelovich**, son of Jacquie Yelovich  
10/15 - **Michael Adamson**, son of Darlene & Daniel Dean; brother of Michelle Lanning  
10/17 - **Jarrod Nordland**, son of Craig & Lisa Nordland  
10/18 - **Courtney Isabella**, daughter of Michelle & Anthony Isabella  
10/18 - **Mia Rose Montevidoni**, infant daughter of Matt & Kelly Montevidoni  
10/20 - **Christine Roesener**, daughter of Paul & Ellen Roesener  
10/21 - **Ryan Knapp**, son of Bruce & Holly Knapp  
10/23 - **Arthur Ucci**, brother of Joan Ucci  
10/25 - **Jason Foulke**, son of Mitzi. and Dean Foulke  
10/27 - **Christopher Court**, son of Caroline & Tim Court  
10/27 - **Jethro Hunter**, nephew of Crystal Hunter; grandson of Pat & Annette Hunter  
10/28 - **Rebecca Cloud**, daughter of Richard & Diane Cloud  
10/28 - **Chad Statuti**, son of Henry & Shirley Statuti  
10/28 - **Nick Umberger**, son of Nina & Jeff Wolfinger; grandson of Grace Parzych  
10/30 - **Patti Mood**, daughter of Paula Fritch; sister of James & Kathryn Jenks, Jr.  
10/30 - **John Patrick Sharkey**, son of Maggie O'Donnell  
10/31 - **Andrew Flath**, son of Lori Jordan



## **Next plaque order deadline Feb 15, 2021**

The memorial garden is a serene place that you can sit quietly, read, or hide a rock for others to find. Most importantly, this memorial garden is for you and for your children and siblings gone too soon.

There are just over 80 spots left if your child, grandchild, or sibling does not have a space yet. The deadline is February 15, 2021 for this next order. There will be plenty of reminders.

You can fill out the form at this link <https://forms.gle/YWupAnu2qPVpjrrA6> or scan the QR code to go to the website to fill out the form. You can send a check even if you order online.

The memorial garden was a large project and will always need care, donations, and love. Please keep your love gifts coming for the garden or the chapter in general. We rely on your donations, your time, and your love. If you have questions about the plaques, please email [memorialgardenTCF@gmail.com](mailto:memorialgardenTCF@gmail.com).

Scan the QR code to go to order form



## “In the years following my son’s death, I discovered, no matter how great my loss, or how deep my grief, the world does not stop.”

I heard someone say, grief isn’t a life sentence, it’s a life passage. It’s the one common human experience we all have at one time or another. But, we didn’t expect it to be the death of a child, did we? If you’re reading this, it’s likely you’ve lost a child or been affected by the loss of a child. You’re now discovering grieving this loss is the hardest thing you’ve ever done.

I know, because suddenly, without warning, my life changed. My beautiful 16-year old son came home from school complaining of a headache and a fever. The doctor diagnosed him with the flu. But it wasn’t. Sometime during the night, my boy was taken from me forever. I found him the next morning in his bed, lifeless. The misdiagnosis was actually a swift and deadly form of bacterial meningitis. Have you ever felt such incredible emotion as losing your child? It’s feared by all parents and an unimaginable loss. Unimaginable, until it happens to you. People refer to it as “the worst that can happen,” and that’s exactly what it feels like.

In the years following my son’s death, I discovered, no matter how great my loss, or how deep my grief, the world does not stop. In fact, it intensifies.

I remember thinking... how can I ever be happy again? I felt as though my pain was visible to others, and I would forever be wearing grief as a mask and a tagline... “I’m Sandy Peckinpah and I’ve lost a child.”

Then a friend gave me a journal and said, “Write. Just write.” The first blank page was so difficult. I could only put down one sentence, “My son died and my life will never be the same.” The next day, I wrote a paragraph, and each day after that I found words came more easily. My journal became my safe haven to empty the well of my sorrow, pouring tears of ink onto paper. And for a little while, I could let my emotions rest.

I used to believe the cliché “everything happens for a reason,” but with this kind of tragedy, it seems to be reversed. When a tragedy like this happens, it can be the starting place to give it reason and relevance. When you recognize this, it’s the moment your grieving will shift.

Imagine that. What would it feel like? I used to fantasize and picture my life without the pain by writing out that very question, What would it be like to feel peace around Garrett’s death? I would visualize myself without the veil of sorrow and allow the comfort of happiness to flow in. And for a brief moment, I could feel it. As time went on, I was able to reach that peaceful feeling more frequently. I had the power within the pages of my journal to compartmentalize my sorrow. Once you’re aware of what it feels like, you’ll be able to access it more easily.

It’s been decades since my beautiful son left this earth and sometimes tears still surprise me. But the work of healing has brought me a harmonious blend of resolution and comfort as my heart joyfully connects with the sweet ballad of his memories. Healing doesn’t mean you’ll never feel the



sadness. It means you’ll be able to have memories without attaching intense despair.

Use your journal as your safe place, and you’ll begin to form a new relationship with your child, telling stories, and feeling the joy you once had when they were alive.

I now look at the life of my son and marvel at his 16 years, 3 months, and 10 days. He was the first to call me mom. His death was the birth of my new life... learning how to live with his loss, and recognizing who I am because of it. I chose resilience and my journal was a big part of helping me rise up.

My child’s loss taught me to love harder and appreciate every single day. It taught me to reach out to others and begin sharing my story in hopes it could reassure other wounded parents there is life after loss.

As the years go by, I’ve learned a mother’s love never diminishes; in fact, my love for my son has grown, just as it would have if he was still alive. I am still his mother. No child dies without a legacy and a purpose for those that are left behind. It’s up to you, his mother, his father. Honor your child by healing. They wouldn’t want it any other way.

I had to survive this. I had three living children who needed a whole mother. I was not willing to sacrifice my role in their lives by succumbing to paralyzing grief. I kept writing. Words pulled me and pushed me. As weeks went on, I’d read back over the journal entries. I began to see something remarkable... I’d survived another day, another week, another month; and I was growing stronger. I’d see words of hope illuminating my way.

There’s no magic secret to the journal. Just pick up a pen and begin with one word or sentence. Keep writing. Healing is not on a timetable. In fact, time doesn’t fix this kind of loss. Healing comes from actively pursuing life again. After awhile, you’ll look back on your words and not recognize the person you once were. You’ll see how strong you really are.

This post is part of Common Grief, a Healthy Living editorial initiative. Grief is an inevitable part of life, but that doesn’t make navigating it any easier. The deep sorrow that accompanies the death of a loved one, the end of a marriage or even moving far away from home, is real. But while grief is universal, we all grieved differently. So we started Common Grief to help learn from each other. Let’s talk about living with loss. If you have a story you’d like to share, email us at

[strongertogether@huffingtonpost.com](mailto:strongertogether@huffingtonpost.com).

Sandy Peckinpah

# Love Gifts

From the Michael and Donna Rose Charitable Fund in loving memory of our daughter, **Jennifer M. Rose**, who became an angel on Sept. 6, 2010.

In loving memory of **Will Moyer**, son of Sue Simon ~ "I love you and miss you, Will. God Bless You."

In loving memory of **Jason Foulke**, son of Mitzi and Dean Foulke.

In loving memory of **Eddie Ulanowski, III**. "Remembering my son, Eddie on his 30<sup>th</sup> Birthday. Missing you everyday.

Love you lots, Mom, Keith, Heather, Anthony, Ava and Autumn."

In loving memory of **Sherry Reiss**, daughter of Ray and Janet Popowitz. "We have such wonderful memories of you."

In loving memory of **Allison K. Reboratti, Christopher S. Thomas and Darlene F. Dusza** from Barbara J. Reboratti. "I thought you would be here for my entire life. Instead, I was here for yours. I love you for eternity."

Many thanks to Lynette Lampmann (In loving memory of Shawn) for bringing water bottles to our outdoor gathering, making very sure we stay hydrated and healthy!

A special thank you to Diane Guerecki, Kasey Bradley Lisa Dechant, Jenifer Pini and Crystal Hunter for the Remembrance cards that you receive. They do this in memory of their children/ siblings: An appreciated Thank You to our members for helping to set up and tear down for chapter meetings. Thank you to Linda Stauffer for supplying the ink and paper and printing our newsletter and creating and maintaining our website. She does this in memory of her daughter Katie. Thank you to, Betty and Charlie Hottenstein for addressing our monthly newsletters for mailing. They do this in remembrance of their daughter, Tracy. Thanks to Barb and Bob Heimerdinger for applying the memorial Plaques to the wall in the memorial garden. They do this in remembrance of their son Ryan.

Donations made in memory of your child, grandchild or sibling are always welcome, but more so this year. Due to COVID restrictions we had to cancel our biggest fundraiser, the annual Memorial Walk and Butterfly Release.

Please help us help others. We Need Not Walk Alone.



## LOVE GIFTS

A Love Gift is a donation of money in support of our Quakertown Chapter of The Compassionate Friends. Donations can be in memory of a child, sibling, or grandchild on their birthday, angel day or anytime. Your Love Gift will be acknowledged in our newsletter. Love Gifts are our Chapter's main monetary support. Anyone can donate and we thank you for your support of our chapter.

*We are a 501(c) 3 nonprofit, chapter #2053. Donations are tax deductible.*

In Memory of: \_\_\_\_\_

Birth Date \_\_\_\_\_ Death Date \_\_\_\_\_

**Check One:** Please use my gift for:

General Operating Expenses  Memorial Garden

**Your Name:** \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

**Love Gift Message** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please make check payable to:**

The Compassionate Friends, Quakertown Chapter

**Mail to:**

PO Box 1013

Quakertown, PA 18951



