



The Compassionate Friends

April 2019

Serving Upper Bucks and Montgomery Counties

17th Annual Memorial Walk & Butterfly Release

Date: Saturday, June 8, 2019 (rain or shine)

Where: James Memorial Park

1028 Ridge Rd, Sellersville, PA (the park with our garden)

Timeline of the Day

12:00pm: Food for Purchase (hot dogs, water, baked goods)

12:00pm: Pick Up Pre-Registration & Purchase Butterflies/Shirts

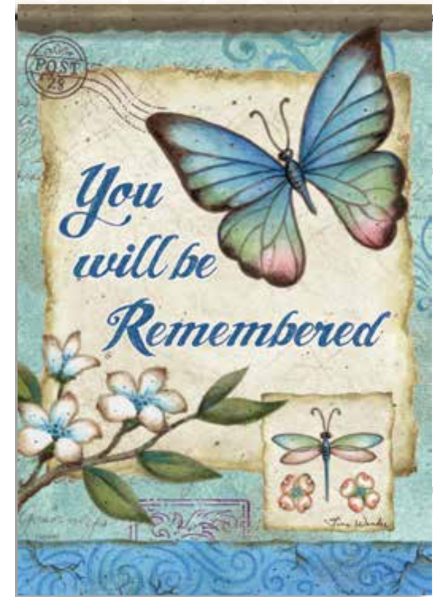
12:00 - 2:45pm: Raffle Baskets, 50-50, and Silent Auction

2:00 - 2:15pm: Memorial Walk on . mile paved path led by bagpiper

2:45-3:15pm: Remembrance Program with Butterfly Release



You are Missed!



The mission of The Compassionate Friends: When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.



Next Meetings: April 9, May 14

We talk. We listen. We share. We care.

Our Support Group Meetings are the 2nd Tuesday of every month at St. Luke's Quakertown Hospital, 1021 Park Ave., Quakertown, in the Taylor Conference rooms A & B on the ground floor of the professional wing. Meetings are 7:30 - 9 PM.

No need to register. No fees or dues. Just come as you are.

Quakertown Chapter

PO Box 1013

Quakertown, PA 18951

Chapter Info Line: 484-408-7314

contact@TCFQuakertownpa.org

website: www.tcfquakertownpa.org

"We should love people and use things, not love things and use people"

Katie Stauffer 2000



The Compassionate Friends

Quakertown Chapter

Supporting Family After a Child Dies

Serving Bucks and Montgomery Counties



About Our Chapter

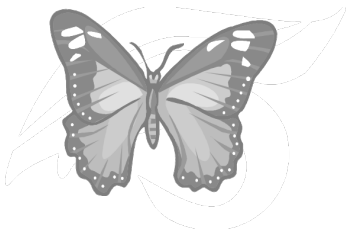
Ginny Leigh-Manuell, Chapter Leader
Sherri Albro, Chapter Treasurer
Gail Blase, Chapter Secretary
Mary Anne Macko, Assistant Secretary
Linda Stauffer, Chapter Newsletter & Website
Theresa Sitko, Memorial Garden Director
Theresa Sitko, Chapter Librarian
Barbara Reboratti, Chapter Delegate
Carol Graham, Hospitality
Lynette Lampman, Remembrance Cards
Mary Catherine Niderostek, R Cards
Brittini Fonder, Remembrance Cards
Celeste Nice, Outreach
Crystal Hunter
Bob Albro

TCF National Office:

877-969-0010

www.compassionatefriends.org

The Compassionate Friends is a nationally renowned 501 C (3) non-profit organization with 700 chapters in the US. All donations are tax deductible.



Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain! Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK - what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Remember also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meeting. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4

meetings of attendance to determine if they are for you. It may take a few meetings before you are able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

Your Friends at TCF Quakertown Chapter

Library Books

We have a nice library of books for our members to check out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our monthly meetings. If you are not able to make the meeting you may mail it back to us or have someone else return it to us. Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

Newsletter Errors and Omissions

For any errors or omissions please contact Linda via email at kt4ever@mac.com with the error and the correction for the next month newsletter. Please remember we are all volunteers and grieving

About This Newsletter

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by email: newsletter@tcfquakertownpa.org

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have not notified us you will be removed from the mailing list.

Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the preceding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: newsletter@tcfquakertownpa.org



OUR CHILDREN REMEMBERED for April

Loved...Missed...Remembered on their
Birthdays and Always

- 4/1 - **Eric Ervin**, son of Linda & Rich Ervin
- 4/5 - **Benjamin Martin**, son of Kristine Fallows
- 4/7 - **JoneriC "EJ" Perullo**, grandson of Suzanne & Tom Kwan
- 4/8 - **Cole Ferdock**, son of Kelly Ferdock
- 4/11 - **Michael Johnson**, son of David & Donna Freeman; brother of Dorene Elwell
- 4/12 - **Steven Ketterer**, son of Steven & Gail Ketterer
- 4/13 - **Kelly Eisenhart-Schmittinger**, daughter of Nancy Eisenhardt, sister of Dana Hutchinson
- 4/14 - **Farrald Lee III**, brother of Kendra Stenack
- 4/15 - **Ben Smith**, son of Nick Wyllie
- 4/19 - **Benjamin Culton**, son of Mark & Barb Culton
- 4/20 - **Todd Iatarola**, son of Rhonda Iatarola & nephew of Sandy Bittenbender
- 4/24 - **Vivene Martin**, daughter of Justin & Mary Martin; granddaughter of James & Catherine McFadden
- 4/25 - **Tony Kulp**, son of Mary Ann Kulp
- 4/29 - **Christopher Court**, son of Caroline & Tim Court
- 4/29 - **Jessica Roth**, daughter of Wilbur & Carol Roth

We quickly find there are no words to describe
the experience of losing a child.

For those who have not lost a child,
no explanation will do.

For those who have,
no explanation is necessary.



**The
Compassionate
Friends**
Supporting Family After a Child Dies

- Mary Lingle

Our Children Remembered for April

Loved...Missed...Remembered on the Anniversary of
their death

4/1 - Carla Taylor, daughter of Else Ridgeway

4/3 - Tim DeCoursey, brother of Kimberly Flagello

4/5 - Kelly Eisenhart-Schmittinger, daughter of
Nancy Eisenhart; sister of Dana

4/5 - Sherry Reiss, daughter of Ray & Janet Popowitz; sister of Lisa Springer

4/6 - Alexis Falcone, daughter of Dominic & Carolyn Falcone

4/6 - Laim Williamson, son of Erin & Daniel Williamson

4/8 - Eric Ervin, son of Linda & Rich Ervin

4/10 - Rich Hollabaugh, son of Linda & Wayne Hollabaugh

4/10 - Katherine Hurley, daughter of Jennifer & Zachary Hurley

4/10 - Joey Acker, son of Anne Marie Acker

4/11 - Jordan Campbell, son of Marci Borits

4/13 - Keith Heckler, son of Emma & Lamar Heckler

4/13 - Ryan Strauch, son of Dave & June Strauch

4/14 - Cynthia Cole, daughter of Hugh & Marie Madden

4/14 - Sarah Parvin, daughter of Keith & Sandy Parvin; niece of Kim Eubanks

4/14 - Liz Ann Whipple, daughter of Liz Sullivan

4/15 - Brooke Miller, daughter of Beth Miller

4/17 - Jason Reall, son of Steven & Barbara Reall; brother of Jennifer

4/17 - Cpl. Elliot Teisler, son of Roberta & Daniel Teisler

4/19 - Allan Afflerbach, son of Herman & Janice Afflerbach

4/19 - James Palatinus, son of Susan & Nandor Palatinus

4/19 - Michael Morgan, son of Deb & Ray Vrtis

4/20 - Frank Voce, son of Frank & Anna Voce

4/20 - Craig Zakeosian, son of Mike Zakeosian

4/22 - Donald Cass, Sr., brother of Brian & Trish Cass; Wendy & Scott Ramage

4/22 - Adam Tomlinson, son of Lynn Miller & John Tomlinson, Jr.

4/22 - Douglas Minner, son of Louise & Toby Minner

4/24 - Sundai Marie Peters, daughter of Arlene & Phil Peters

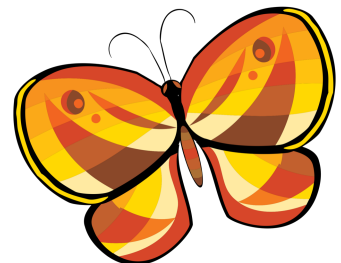
4/27 - Kristy Bender, daughter of Kathy & Frank Bender

4/27 - Richard Carver, Jr., brother of Carla Clark

4/28 - Scott Newell, son of Carol Newell

4/28 - Ronald Phillips, son of Richard & Theresa Phillips

4/30 - Krysta Henkin, daughter of Martin & Kathleen Shea



You may also order online at <http://www.tcfquakertownpa.org/register.html>



You are Missed!

**The Compassionate Friends ~ Quakertown Chapter
Annual Memorial Walk & Butterfly Release
Pre-Registration Form * June 8, 2019 (rain or shine)**

Location: James Memorial Park; 1028 Ridge Road; Sellersville, PA

Name (person picking up order at the walk): _____

Phone Number: _____ **Email:** _____ (if we have questions)

Name(s) of those being remembered at the Walk (use the back if needed): _____

<u>Item</u>	<u>Quantity of Items</u>	<u>Price per Item</u>	<u>Quantity x Price = Total Item Cost</u>
Butterfly Only		\$15	\$
SINGLE SHIRT (indicate quantity of sizes below)			
Shirt Only Sizes Youth Small - Adult XL		\$20	\$
Shirt Only Sizes Adult XXL - XXXL		\$23	\$
PACKAGE (indicate quantity of sizes below)			
Package (1 butterfly, 1 shirt) Size Youth Small – Adult XL		\$30	\$
Package (1 butterfly, 1 shirt) Size Adult XXL - XXXL		\$33	\$
Please List Quantity (1, 2, etc.) of Shirt Sizes in each Box. Shirts not available until day of walk.			
<i>Youth Small</i>	<i>Youth Medium</i>	<i>Youth Large</i>	
<i>Adult Small</i>	<i>Adult Medium</i>	<i>Adult Large</i>	
<i>Adult X-Large</i>	<i>Adult XX-Large</i>	<i>Adult XXX-Large</i>	
(Add all lines together) <u>Pre-Registration Cost</u>			\$

Mail Checks to:

TCF Quakertown; c/o Walk
PO Box 1013
Quakertown PA 18951

**Payable: TCF Quakertown
Memo: Walk**

**Postmark Registration by May
8, 2019 to guarantee items**

ONLY IF NOT ATTENDING WALK

****Shipping: Only Shirts can be mailed.**

Shipping is additional: \$5 for one shirt, \$10 for
2-3 shirts; 3 or more shirts \$20

Address: _____

City: _____ State: _____ Zip: _____

Will be mailed after June 8th

Pre-Registration Cost \$ _____

Additional Donation \$ _____

****Shipping \$** _____

Total Enclosed \$ _____

Questions: 484-408-7314 or
contact@tcfquakertownpa.org

*You may bring **one photo** of your child/sibling/loved one (5X7 or smaller) to post on our memory board display.
You must take the photo home when you leave. NO guarantee that photos left behind will be returned.*

We would like to send a special Thank You to the following donors;

Marie Madden in memory of her daughter Cindy Cole.
Cindy, Hope you and Dad are sitting by heaven's pool. Miss you both! Love Forever, Mom

Carol & Tom Hallinan in memory of Peter Michael Hallinan on his birthday 3/23.
Peter, your beautiful spirit lifts our spirits to continue on. You are in our hearts forever! Love You, Mom and Dad

Mary Anne Macko in loving memory of Chris Trauger's Birthday.

Loved you then, Love you still, Always have Always will, Till we meet again.

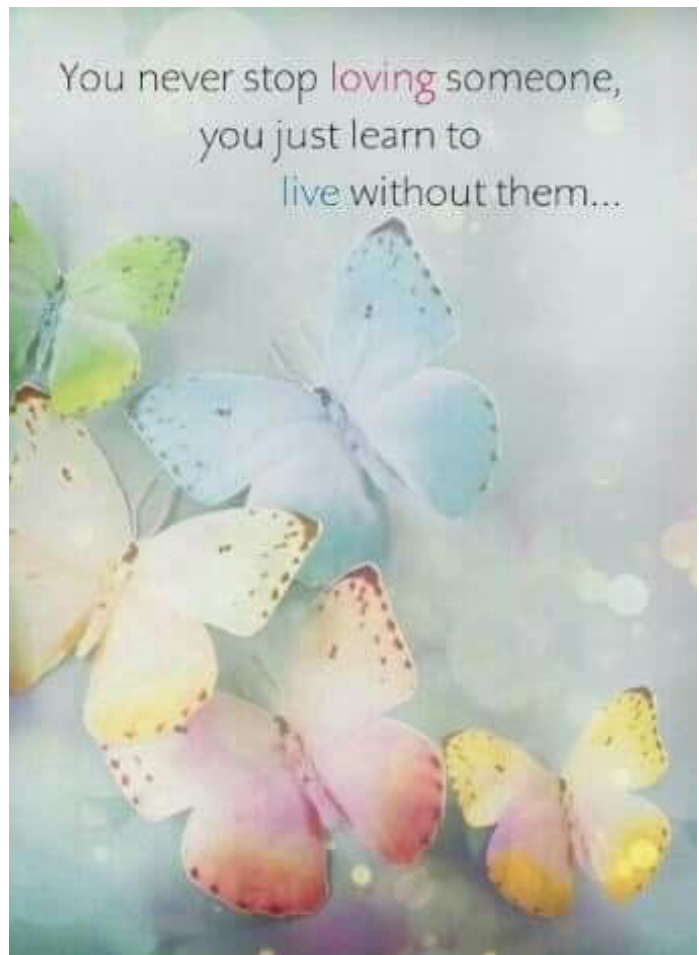
Love, Mom

Joan Asprakis in honor of Jimmy (Demetrios) Asprakis angel day 3/17

Jimmy, you are my angel and live on in my heart forever!

Love, Mom

Arlene Peters in memory of Sundai Marie Peters angel day 4/24



LOVE GIFTS

A Love Gift is a gift of money to The Compassionate Friends. Love Gifts can be in memory of a child or sibling on their birthday or angel day, can honor a friend or relative, or can show support for the work of TCF. Love Gifts are the Chapter's main monetary support. Thank you for your Love Gift.

Love Gifts are tax deductible – Chapter Non-Profit #2053

Circle One: *In Memory* or *In Honor* of (name of person) _____

Birth Date _____ Death Date (Angel Day) _____

Check One: Please use my gift for....

- Memorial Garden
- Special Events (i.e. speakers, community outreach)
- Candle Lighting Program
- Memorial Walk & Butterfly Release
- General operating expenses

Love Gift Message:

Your Name: _____

Email or Telephone: _____

Address: _____

Checks payable to
TCF Quakertown Chapter
PO Box 1013
Quakertown, PA 18951

Treasurer Use Only	
Cash/Check # _____	Amount _____
D _____	Q _____ T _____ N _____



The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown, PA 18951

Next Meetings : April 9, May 14



The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope. We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope. Some of us have found our faith to be a source of strength, while some of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died. We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.

We Need Not Walk Alone.

We Are The Compassionate Friends.

