



# Quakertown Chapter

servicing Upper Bucks and Montgomery Counties

The Compassionate Friends  
Quakertown Chapter  
PO Box 1013  
Quakertown PA 18951  
Chapter Info line: 215-536-0173  
Chapter email:  
[tcfquakertownchapter@verizon.net](mailto:tcfquakertownchapter@verizon.net)  
website: [www.tcfquakertownpa.org](http://www.tcfquakertownpa.org)



March  
2016

The Compassionate Friends National Office  
877-969-0010  
[www.compassionatefriends.org](http://www.compassionatefriends.org)  
Eastern PA Regional Coordinators  
Bobbie Milne [mcfly423@aol.com](mailto:mcfly423@aol.com)  
Ann Walsh [tcfestarc@yahoo.com](mailto:tcfestarc@yahoo.com)

Quakertown Chapter Founders -Eileen & the late Tim Bolish  
Facebook page: **Quakertown PA Compassionate Friends**

A self-help organization offering friendship, love, and understanding to bereaved parents, siblings, and their families.

**\*we talk, we listen, we share, we care, we understand\***

We extend a special warm welcome to you, the newcomers. We are sorry for the reason you have received our newsletter. We know that it takes courage to attend your first TCF meeting, and it may take three or more meetings for you to feel the benefit of group sharing. We will not offer a "quick fix" or hurry you along in your grief, but we can offer you much needed support, and provide an opportunity for you to meet new friends who are traveling the same path.

**SUPPORT GROUP MEETING INFORMATION** - Our next support group meeting will be held on **Tuesday, March 8, 2016, 7:30 PM-9 PM at the St Lukes Quakertown Hospital, 1021 Park Ave., Quakertown, PA in Taylor conference rooms A & B.**

**BRING A PHOTO OF YOUR CHILD/SIBLING FOR THE REMEMBRANCE TABLE.** Bring memoirs / photos of your child/sibling for the birthday table when its their birthday. Tell us about your memories of your loved one...we'll listen, cry and hug with open arms.

## 2016 Steering Committee

**Chapter Leader :** Darlene Dusza  
215-536-0173 (TCF) (c) 267-374-1171  
[nanadusza@verizon.net](mailto:nanadusza@verizon.net)

**Co-Leader:** Ginny Leigh-Manuell

**Treasurer :** MaryAnn Kulp

**Secretary :** Barb Reboratti

## Newsletter Editor / Community Outreach

Darlene Dusza  
415 Rich Hill Rd  
Sellersville PA 18960  
215-536-0173  
[tcfquakertownchapter@verizon.net](mailto:tcfquakertownchapter@verizon.net)

## Remembrance and thank you cards

Lynette Lampmann Kelly Logan  
MaryAnn Kulp Nancy Eisenhart  
Ginny Leigh-Manuell Jennifer Pini

**Public Relations**—Barb Reboratti, Linda Stauffer

## UNITED WAY #14064

Greater Lehigh Valley

## Hospitality Committee : Carol Graham

Nancy Eisenhart

## Committee Members :

Bonnie Maurizio Donna Hesse  
Linda Stauffer MaryAnne Macko

**Chapter Librarians:** Theresa Sitko /  
Linda Ervin

## Email - Telephone Friends

**Barb Reboratti** - daughter, Allison  
death-- result of crime 215-538-0941  
[victim.advocate@verizon.net](mailto:victim.advocate@verizon.net)

**Darlene Dusza** - daughter, Michelle  
death-- result of auto accident  
215-536-0173

[nanadusza@verizon.net](mailto:nanadusza@verizon.net)

**Jennifer Pini** sibling, Jason  
death -- suicide 215-828-3810  
[dance140@hotmail.com](mailto:dance140@hotmail.com)

**Crystal Hunter**-sibling, Justin  
death - medical condition  
[crys.hunter@gmail.com](mailto:crys.hunter@gmail.com)  
614-746-8076 (sibling contact person)

**Donna Hesse** - daughter, Kisha  
death -- result of auto accident  
[dmhesse150@yahoo.com](mailto:dmhesse150@yahoo.com)

**Anne and Craig Landis** - son, Marc  
death - result of suicide  
215-536-5143

## Collection of Redners Save-A-Tape program

Mail your register save-a-tape slips to our PO box to help our chapter. You may black any debit / credit card numbers, but do not black out the dollar amounts. Remember to use your Pump Perks card for the save-a-tape program. Send complete sales receipt.

## PRINTER INK CARTRIDGES

STOP don't throw them away... Save your empty ink cartridges and give to our chapter for recycling. We earn rewards for recycling them and can purchase paper and other items to help cut the costs of printing the newsletters, programs for events etc... Bring to a meeting or an event in a plastic bag and give to Darlene .

### Other TCF support group meetings and children support groups etc:

**Lehigh Valley Group** meets the 2nd Monday of each month on the 2nd floor of Sacred Heart Hospital on Chew St. at 4th St. in Allentown PA at 7 PM Contact: 484-597-0240

**Peace Valley Group** meets the 3rd Wednesday of each month at Lenape Valley Presbyterian Church at Rt. 202 and Ute Rd, New Britain PA at 7:30 PM; Contact: Karen Kovacs 267-218-5889

**Ryan's Tree for Grieving Children, Inc.** located in Lehigh Valley, PA, Support for children ages 5-18 who are grieving the loss of a family member or friend. - run programs throughout the year-contact St. Luke\*s Hospice at 610-997-7120 or Krista.Malone@sluhn.org.

**Stepping Stones** for children ages 4 -12 years old, has a program for children who are grieving a sibling, parent, etc... Held at Camelot for Children, 2354 W. Emmaus Ave, Allentown PA 18103 call: 610-969-0330 for more information

**Greenshore Arts Consortium Grief and Empowerment Workshops** - located in Quakertown - contact: Hillery Woods Siatkowski, NCTMB at 206-552-4229 or email [massage@moonogyoga.com](mailto:massage@moonogyoga.com) for dates and more information

**www.kidsaid.com** - is a FREE online resource and is a safe place for kids and teens to help each other deal with grief and loss. There are options of email support groups, sharing artwork, poetry, and stories, and a place for parents and kids to ask questions and get answers.

\***Kids-to-kids** is an email support group for kids ages 12 and under \***K2K-teens** is an email support group for teens ages 13- 18.

### THANK YOU THANK YOU THANK YOU

Thank you to, Lynne Rainey, Gail Blasé, Craig Duvall, for providing our February refreshments. They do this in remembrance of their children, Robert (Lynne), Katie (Gail), Kinsey (Craig).

If you would like to provide refreshments in remembrance of your loved one at a meeting please contact Carol Graham at 215-538-3651. You may also sponsor refreshments for a meeting for a fee of \$40 or more depending on what you would like and the hospital's catering service will set up and provide the drinks and refreshments for the evening. This can be split between more than one family each month.

A special thank you to Mary Ann Kulp, Nancy Eisenhart, Lynette Lampmann, Ginny Leigh-Manuell, Kelly Logan and Jennifer Pini for the Remembrance and Thank you cards that you receive. They do this in remembrance of their children/ siblings, son, Tony (MaryAnn), daughter, Kelly (Nancy), son, Shawn (Lynette), son, Brian (Ginny), and brother, Jason (Jennifer), Kelly does it in remembrance of all those who have gone too soon. An appreciated Thank You to our members for helping to set up and tear down for our meetings, they do this in remembrance of their children and siblings. A special thank you to St. Luke's Hospital for providing us with our meeting rooms each month.

Thank you to, Betty and Charlie Hottenstein, for taking on the monthly task of assembling our monthly newsletters for mailing, they do this in remembrance of their daughter, Tracy Hottenstein.

### Thank you for your Love Gifts and Support

We the parents and families of the Quakertown Chapter of Compassionate Friends would like to send a special Thank You to the following donors. Without their generosity in giving to a good cause we would not be able to continue reaching out to newly bereaved parents and families with our Outreach packet and newsletters.

**Emma Bardsley**, In Loving Memory of her son, Dan Bardsley, 11/27—1/30

**Edith Cooper**, In Loving Memory of her son, Joseph Cooper, 3/18 —8/2

*We Love and miss you very much. Mom & family*

**Cathy Barton**, In Loving Memory of her son, Shaun Barton, 4/10 — 3/11

*Will never stop missing you & never gave up on you. Love Mom*

**Tom and Carol Hallinan**, In Loving memory of thier son, Peter Michael Hallinan, 3/23 — 8/28

*You are never out of our minds, always in our hearts!*



### **Self-help Program**

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

### **To Our New Members**

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain! Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

### **To our Members who are further down the "GRIEF ROAD"**

We need your encouragement and your support. Each meeting we have new parents. THINK BACK -- what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

### **Information Regarding Our Meetings**

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Remember also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

### **Support Group Meetings**

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meeting. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you are able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

### **Your Friends at TCF Quakertown Chapter**

**Quakertown Chapter does have a siblings group** that meets at various places, days and times. To try and accommodate the surviving siblings that cannot attend a regular meeting because of childcare issues or work schedule etc. Please contact our sibling contact person: Crystal Hunter via email or by phone. Contact info on front page.

### **Library Books**

We have a nice library of books for our members to check out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our monthly meetings. If you are not able to make the meeting you may mail it back to us or have someone else return it to us.

Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

### **Newsletter Errors and Omissions**

For any errors or omissions please contact Darlene via email at [tcfquakertownchapter@verizon.net](mailto:tcfquakertownchapter@verizon.net) with the error and the correction for the next month newsletter.

Please remember we are all volunteers and grieving parents / siblings and we do forget and make mistakes too.

### **About This Newsletter**

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by phone 215-536-0173;

or email: [tcfquakertownchapter@verizon.net](mailto:tcfquakertownchapter@verizon.net)

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have notified us you will be removed from the mailing list.

Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the proceeding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: [tcfquakertownchapter@verizon.net](mailto:tcfquakertownchapter@verizon.net).



# Memories...

## FINDING SPRING AGAIN

It is the end of February, which means we are nearing the end of what has often been a brutal winter. While gazing at the mountains of snow piled high in my front yard and the foot-long icicles hanging from my roof, it is hard to imagine that spring will ever come. We have endured bitter cold winds that have chilled us to the bone and treacherous roads that we have cautiously traveled. The days have been long and dark and often free of sunlight. No matter how long you have been a native of the Upper Midwest, I know we all will be glad when it comes to an end.

However, as I described these thoughts about winter, I felt as if I was describing the days of my early grief. At that point, I did not believe that a day would ever come when I would thaw from the chill that had overtaken my body and mind. The bleakness of my existence during those early months after Nina died is almost frightening to remember; it is so difficult to even conceive of that much pain. I was anesthetized from some of its cruelty by the protective blanket of numbness that blessedly shielded me from the gale force of such overpowering sorrow. How could I ever feel spring in my heart again?

Spring had always been my favorite season. The air had a certain freshness to it that I would drink in. Simply put, it always made me feel happy and light of heart. Spring was our reward for surviving the freezing winter months that preceded it. It brought a smile to my face and a bounce to my step.

However, it was the spring of the year where my heart was irretrievably broken. It was during this exquisite season of warm, lilac-scented breezes and sun-kissed mornings where my sweet daughter Nina's life would end.

I wondered if my thoughts about spring would never be the same. Rather than anticipate with gladness the coming of spring, I dreaded it with the knowledge that it contained the anniversary of her death. The smell of the air and the look to the sky that I once found exhilarating now brought me back to my darkest day. I know that anyone, who has lost a loved one to death, no matter the season, understands.

Will spring come again to your life? In the almost six years since Nina died, has it come to mine? Looking back at my description of the winter of "my early grief", I know that I have come a long way from that time of desolation. I have found, especially after the first two years, that with each subsequent spring, I have rediscovered some of the pleasure I used to feel. I have

just because I have found things to feel joyful about again; it doesn't mean I am dishonoring my daughter's memory. I now take her along with me in my mind and my heart. I try to retrieve memories of the dandelion bouquets she so carefully gathered and presented to me, the rides to the park in the Radio Flyer, our talks while sunning on the deck, and, of course, shopping for spring clothes! Her favorite pastime! I will always feel tenseness, apprehension and sadness as May 11<sup>th</sup> draws near, but I no longer hold it against spring.

It is a slow, difficult journey, this grief pathway we travel. It is as treacherous as the roads we maneuvered following the winter storms, never knowing when we will hit an icy patch on the road and be thrown into a tailspin. Yet, we must travel it if we are to find any measure of peace and healing.

Please be patient with yourself as you are working hard to survive this winter in your heart. Trust that spring, though a much different one than the one we knew before our beloved child died, will come again.

With gentle thoughts,

Cathy L. Seehuetter

TCF St. Paul, MN

In Memory of my daughter, Nina

## Seasons

The change of seasons is difficult. It reminds me that I must change if I am to live again. We can become stuck in our grief, full of self-pity and overwhelmed with pain. I do not believe our children would want us to live the rest of our lives in pain and misery. It is so easy to fall into the "black pit" and never have the strength or courage to crawl out – because crawl out we must...on our bellies.

We are different now, with different priorities and goals. We must find a new purpose for going on, and we must accept the changes in our lives – including ourselves, for we are different now. We cannot go backward, though there are times we yearn to. We must go forward. If we don't, we stay stuck at the point our world changed. I used to say "ended."

Change is difficult. To accept the loss of our child is the most difficult of all. Our comfort comes from believing that the love we share will go on for all eternity and that we will be reunited again – and each day brings us closer. We must learn to live again, love again, feel joy and peace again – or our survival will be without value to ourselves or others.

Renee Little  
TCF, Fort Collins, CO



YUM



YUM



DATE: Saturday, April 9, 2016

TIME: 10 AM to 2 PM

PLACE: Landis Market, Constitution Ave, Perkasie PA

## Compassionate Friends –Quakertown Chapter

Funds will benefit our Chapter with Community Outreach, monthly newsletters, special programs at support group meetings. Please help support us by baking and / or purchasing delicious baked goodies. Please wrap items individually or on / in a disposable container that does not need to be returned to you.

Please contact Darlene at 215-536-0173 or [tcfquakertownchapter@verizon.net](mailto:tcfquakertownchapter@verizon.net) OR

Ginny at 215-795-2519 or [vlm54@comcast.net](mailto:vlm54@comcast.net)

If you are able to help with baking goodies. Please drop off at the bake sale between 9:30—10:30 AM. If you are able to help for an hour to help sell please contact us.

**Contact us by April 1st so we know who will be bringing baked goodies.**

Thank you for your support

Darlene, Ginny and our steering committee



**We are a support group for parents who have experienced a death of a child(ren).**



## Grief this Easter: Remembering Loved Ones

Easter has really crept up on me this year. Here in Baltimore we had snow on the ground earlier this week. That just isn't Easter weather. Anything creeping up when you are grieving can be a disaster. Holidays, even when they don't creep up, can be a disaster. When every day feels impossible, holidays feel even more impossible, and facing this Easter may seem unbearable.

For me Easter isn't the holiday that first comes to mind when we talk about how hard grief can be on the holidays or special days. And yet crawling out of winter, filled with dark and cold, into Easter and spring, filled with bunnies and baskets and pink, it can be a jarring as those Christmas carols that seem to start playing in November. The hardest holidays are different for all of us, with different meanings and memories. Easter can be a tough one, especially with all the talk of spring, rebirth, and new life. Others may be excited and you may be . . . well, not excited.

So what can you do, other than crawl under the covers and hide? For all special days there are two things we try to do every time – plan and find ways to remember. Sounds easy enough, right? Well, it may actually take a bit of work. But it will hopefully make the day a little more bearable if you spend the time to get ready for it.

Let's start with remembering. The idea of remembering may seem painful, but sharing happy memories can actually fill a tiny bit of that empty space left by those we have lost. Consider ways you can share memories together. You can go around the table, put out photos or

Though the holiday is just a couple of days away, planning is still important. Below are some suggestions to plan for the holiday:

### **1. Identify which individuals you will be spending the holidays with. Who will be present for events, traditions, and celebrations?**

- Make a list of the individuals you will be with.
- Often times these individuals will be dealing with the same loss.
- If you will be spending the holidays alone or with people far removed from your loss, grab a journal or a notebook and complete the plan on your own.

### **2. If you decide to involve family and friends in making a plan, talk in advance.**

- Call, email or talk in person, even if just the day before, to make a plan for the day.
- Discuss any specific anxieties, things people want to

- Don't overlook the children. Even the youngest family members need to have a chance to express feelings and concerns. It's also important for children to feel heard.

### **3. Decide what to do about tradition**

- Identify the rituals and traditions that will be the hardest.
- Allow each member of the group to discuss what will be hardest about these identified moments.
- Brainstorm ways to make these elements of the holidays easier. In the end you may decide to keep the event or tradition the same, change it, or skip it until next year.

### **4. Discuss roles and responsibilities**

- Your loved one may have held several roles and responsibilities during the holiday season.
- Take a little time to make sure there aren't any roles, big or small, that will need to be filled or changed (i.e. who will plan the holiday meal, who will dye Easter eggs, who will make Easter baskets?)
- Some people may not feel comfortable stepping into their deceased loved ones shoes to fill these roles, respect their feeling and don't push.
- Make sure the roles and responsibilities don't fall too heavily on one person.

### **5. Communicate with children affected by the loss**

- The holidays are hard for children because, although they are sad about the loss, they still may be excited for the same reasons we all were as children. Let them know they don't need to feel guilty about enjoying themselves.
- Ask them to let you know if they start to feel sad.
- Make a special code word they can use if they need a break or some space.

### **6. If you haven't already, take time to think about you and how you will take care of yourself.**

- Make a plan for how you will cope when things get really tough. Will you take a walk, journal, listen to music; get some space, exercise, etc.
- Give yourself permission to cry. This may be an especially tough day – there will probably be some tears and that's okay.
- Set aside time for decompression and self-care after the day. It may be stressful.

Find ways to incorporate your love one in the holidays. This is the best way to feel close to your loved one and fill their absence. You may want to find at least one or two ways to incorporate your loved one in each tradition and event that you identified as potentially being difficult.

## SPRING'S TEARS

When the sun's sharp brilliance echoes in the luminescent  
blue

A grim, oppressive darkness stabs my aching heart anew.  
Its golden glow upon my face, the warmth of winter's sun  
Holds the promise of renewal when the icy months are done.

It is this vow of nature's of resurgence in the spring  
That bows my head, and breaks my heart; unlocks my suffer-  
ing.

For you will miss again the beauty of this time of year  
The growing warmth, the sunny days when life will reappear.

For nature has no power over death that holds you still,  
And though I know, I still resent spring's early daffodil.  
Oh, would that I could speak to Mother Nature face to face!  
To beg she work her magic on your lonely resting place.

Why can't it be YOUR rebirth when the gray, cold days are  
done?

Why mightn't YOU not live again to see spring's fresh new  
dawn

and feel the warmth of sunshine  
relish in the greening earth...  
to open arms, embracing life  
why can't it be YOUR birth?

You were so young, your life so new when death crept in the  
door,

And in my grief, beloved child, I'll ask forever more  
The reason why the earth's renewed when spring comes  
'round each year

Yet in your grave you're silent still,  
and I  
condemned  
am here.

Sally Migliaccio  
TCF Babylon, NY  
In Memory of Tracey



## I Am Spring

I am the beginning.  
I am budding promise.  
I spill cleansing tears of life  
from cloudy vessels  
creating muddy puddles  
where single cell creatures abide  
and splashing children play.

I am new green growth.  
I softly flow from winter's barren hand.  
On gentle breeze I fly – embracing sorrow.  
With compassion, we feather nests  
where winged voices sing winter-spring duets.  
As frozen ice transforms to playful stream  
I whisper truth – life is change.

I am spring.  
I bless long, dark wintry days.  
I crown mankind's pain  
with starry skies  
in deepest night  
lighting solitary paths from sorrow to joy  
as the wheel of life turns 'round and 'round.

(written after attending a workshop presented by  
John Fox, author of 'Finding What You Didn't  
Lose' and 'Poetic Medicine'.)

Carol Clum

## THE BITTER TEARS OF LOVE LOST

Because of my status in society  
I can look below to poverty  
and realize no matter how frustrated I get,  
I will always be very lucky to have a family  
who loves and cares for me.

But still the tears roll down my face  
and my cheeks are forever stained  
because I know as long as I live  
my heart will always be pained.

I was left in shock, pain, and fear,  
left with your unspoken words which I will never  
hear  
But in my days of sorrow when I feel that I will fall  
I can only repeat the phrase to myself,  
"It is better to have loved and lost than to never  
have loved at all."

Peter Smith  
In Memory of my brother, Gregory Smith

## OUR CHILDREN REMEMBERED FOR MARCH

### Birthdays and Always

**Wayne Harris**, son of Kathe McDaniel, 3/1  
**Earl Colella III**, son of Jaynee & Earl Colella, 3/3

**Genine Leary**, daughter of Jon & Sylvia Holznagel, 3/5—  
DOA 3/5

**Liam Williamson**, son of Erin & Daniel Williamson, 3/8  
**Leah Corrine**, daughter of Doug & Anita Brown, 3/9  
**Rachel Behrig**, daughter of Dave & Kim Behrig, 3/10  
**Rodney Bossert**, son of Julia Bossert Roush, 3/13  
**Jeremy Gibialante**, son of Kim Gibialante, brother of  
Monica Shumaker, 3/14

**Robert Dorman Jr**, brother of Donna & Greg Rowe, 3/15  
**Kristy Bender**, daughter of Kathy & Frank Bender, 3/15  
**Brandon Leathers**, son of Jim Leathers, 3/16  
**Olivia Fretz**, infant daughter of Andy & Jennifer Fretz,  
3/16—DOA 3/22

**Julie Hartwich**, daughter of Dave & Donna Hartwich, 3/17  
**Andrew Shadle**, son of Barbara Shadle, 3/17  
**Paul Swope**, son of Marge Swope, 3/18  
**Ryan Heimerdinger**, son of Robert & Barbara  
Heimerdinger, 3/18  
**Joseph Cooper**, son of Edith Cooper, 3/18

**Brian Keim**, son of Ronald & Joan Keim, 3/18

**Billy Klinedinst**, son of Michelle Klinedinst, 3/19  
**Matthew DiNicola**, son of Ron & Myra DiNicola, 3/21  
**Christopher Trauger**, son of Mary Anne Macko & Mike  
Hamilton & Jim Trauger, grandson of Dolly Bibic, 3/21  
**Sarah Parvin**, daughter of Keith & Sandy Parvin, 3/21  
**Ryan McGuinness**, son of Tim McGuinness, 3/22  
**Peter Hallinan**, son of Carol & Tom Hallinan, 3/23  
**Billy Boor**, son of Tina & Randolph Merl, 3/24  
**Joshua Adair**, grandson of Lois Harner, 3/26

**Alexis Falcone**, daughter of Dominic & Carolyn Falcone,  
3/28

**Jason Heuckeroth**, son of Debbie & Mark Heuckeroth,  
brother of Jamie, 3/28

**Kathleen "Tia" Conn**, daughter of Kathy & Robert Smith,  
3/29

**Donna Lee Stichter**, daughter of Don & Carol Collis, 3/30  
**Justin Hunter**, son of Pat & Annette Hunter, brother of  
Crystal Hunter, 3/31

### Our Beloved Children...In our Hearts always... Remembered on the Remembrance Day of their death

**Philip Lecklikner**, brother of Karen & Joe Davis, 3/2

**Ardyth Cope**, daughter of Carol Cope, 3/4

**Ryan Kintzly**, son of Tammy Devine, 3/4

**Tommy Snyder**, son of Dr. Carolyn Rutherford, stepson of  
Gary Reese, brother of Tara Snyder, 3/6

**Bobby Reynolds**, son of Mary Reynolds, brother of Lisa  
Robey, 3/6

**Timothy Raymond**, son of John & Tina Raymond, 3/6



**Wendy Croisette**, daughter of Marvin & Ellen Croisette,  
sister of Jeff, Todd, Terri Lynn, 3/7

**Nicholas Marlin**, son of Lewis & Shirley Marlin, brother of  
Sean, 3/7

**Jamie Stewart**, son of Jim & Beverly Stewart, brother of  
Sherrie, 3/7

**Katie Stauffer**, daughter of Carl & Linda Stauffer, sister of  
Chrissy 3/8

**Kevin Marc Bannon**, son of Jan & Kevin Bannon, sister of  
Aimee 3/8

**Jessica Gallagher**, daughter of Robyn & Ron Gallagher, 3/8

**Drew Panettieri**, son of Richard & Suzanne Panettieri, 3/11

**Shaun Barton**, son of Catherine Barton, 3/11

**Mark Falcone**, son of Dominic & Carolyn Falcone, 3/14

**Adam Sautner**, son of Bonnie & Alfred Sautner, 3/16

**Patrick Connelly**, son of Jim & Laurie Connelly, 3/17

**Christine McGhee**, daughter of Jim & Dawn McGhee, grand  
daughter of Isabelle McGhee, 3/18

**James Ogden**, son of Linda & Patrick Ogden, 3/20

**Tammy Moore**, daughter of Tom & Sandra Moore, sister of  
Tom & Thad Moore & Tara Detweiler, 3/21

**Brad Godshall**, son of Robert Godshall, 3/21

**Captain Laura Eberts**, daughter of Joe & Karen Matejik, 3/21

**Lisa Koletty**, daughter of Barbara & Dietrich Koletty, 3/22

**Justin Landis**, son of David & Amy Landis, 3/22

**Giacomo Maurizio**, son of Bonnie Maurizio, brother of Nina  
Russo, 3/23

**Karen Graham**, daughter of John & Barbara Graham, 3/23

**Kenneth Kolb**, brother of Kathy Holloway, 3/24

**Jesse Swindell**, child of Ron & Tina Jackson, 3/24

**Abigail Schumer**, daughter of Mike & Meg Schumer, 3/24

**Glenn Scott Crouthamel**, son of Doris Crouthamel, 3/25

**Timothy Miekley**, son of Rich & Marilyn Miekley, brother of  
Steve, 3/26

**Kristy McCoy**, daughter of Arlin & Donna Moyer, 3/28

**Matt Barber**, son of Noel & Tim Barber, 3/29

**Rennis Reitz II**, son of Barbara Reitz, 3/29

**Joe Caine**, brother of Sean & Nina Russo, 3/31

*and all the children that will never be forgotten as we celebrate  
their lives and memories\**



**\*\*\* UPCOMING MEETING ANNOUNCEMENTS \*\*\***

**\*March 8, 2016 — 7:30 PM support meeting –Topic: Basket of Memories**

**\*March 22, 2016 — 7 PM steering meeting**

**\*April 9, 2016 — Bake Sale — Landis Market—Perkasie PA 10 AM—2 PM**

**\*April 12, 2016 — 7:30 PM support meeting**

**Newsletter Update Form** The purpose of this section is to update your information, email address, mailing address, phone number, Child's name, sibling's name, birth date and anniversary death date. This information will also help us in remembering your child / sibling on their days with a remembrance card sent to you by our chapter. Any questions contact the newsletter editor at 215-536-0173. Mail to the above address. I am the \_\_\_parent \_\_\_sibling \_\_\_grandparent

Your Name \_\_\_\_\_ I give permission to remember my child/sibling in the chapter newsletter/

Address \_\_\_\_\_ website newsletter on their remembrance day and their photo if submitted

\_\_\_\_\_ Phone # \_\_\_\_\_

Child / Sibling name \_\_\_\_\_ birth date \_\_\_\_\_ anniversary date \_\_\_\_\_

Child / Sibling name \_\_\_\_\_ birth date \_\_\_\_\_ anniversary date \_\_\_\_\_

If you would like to receive information about our special events, memorial walk and butterfly release, candle lighting etc. via email please provide your email address below. Would you please consider to receive our newsletter via email as a link to a chapter website where you are able to view it before it is mailed to those who do not have email.

\_\_\_ yes \_\_\_ no email address:

\_\_\_\_\_ PLEASE PRINT

\_\_\_\_\_ Authorization Signature

\_\_\_\_\_ Date

**LOVE GIFTS**

A LOVE GIFT is a gift of money to The Compassionate Friends. It is usually in memory of a child who has died; either on his/her birthday or anniversary of the death. It can also be from someone who wants to honor a friend or relative who has died, or anyone who wants to help support the work of TCF. Your LOVE GIFTS are TAX DEDUCTIBLE, and are the Chapter's main monetary support. Chapter Non-profit #2053

I wish to make a donation in memory \_\_\_\_\_ honor \_\_\_\_\_ of \_\_\_\_\_

\*\*Birth date \_\_\_\_\_ Death date \_\_\_\_\_

Love gift message  
\_\_\_\_\_

Please send your check payable to: TCF Quakertown Chapter and mail to: TCF Quakertown Chapter, PO Box 1013, Quakertown, PA 18951

I / We would like our Love gift to be used for: \_\_\_\_\_ Special Events /Speakers/community outreach \_\_\_\_\_ Memorial Garden

\_\_\_\_\_ Candle Lighting Program \_\_\_\_\_ Memorial Walk & Butterfly Release \_\_\_\_\_ General operating expenses

Your Name \_\_\_\_\_ email \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Telephone \_\_\_\_\_



The Compassionate Friends  
Quakertown Chapter  
PO Box 1013  
Quakertown, PA 18951

**Meeting Date: March 8, 2016**



**WE ARE A SUPPORT GROUP FOR PARENTS, SIBLINGS, GRANDPARENTS AND FAMILIES WHO HAVE EXPERIENCED  
THE DEATH OF A CHILD OR SIBLING OF ANY AGE.**

**If you do not wish to receive this newsletter. Please return this page to the above address**

### **The Compassionate Friends Credo**

We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.  
The children we mourn have died at all ages and from many different causes,  
but our love for them unites us.

Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.  
We are a unique family because we represent many races, creeds, and relationships.

We are young, and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh and so  
intensely painful that they feel helpless and see no hope.

Some of us have found faith to be a source of strength, while some  
of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression,  
while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends,  
it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves,  
but we are committed to building a future together.

We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace,  
share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends. (c) 2007