



Quakertown Chapter

servicing Upper Bucks and Montgomery Counties

The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown PA 18951
Chapter Info line: 215-536-0173
Chapter email:
tcfquakertownchapter@verizon.net
website: www.tcfquakertownpa.org



April
2016

The Compassionate Friends National Office
877-969-0010
www.compassionatefriends.org
Eastern PA Regional Coordinators
Bobbie Milne mcfly423@aol.com
Ann Walsh tcfeastrc@yahoo.com

Quakertown Chapter Founders -Eileen & the late Tim Bolish
Facebook page: **Quakertown PA Compassionate Friends**

A self-help organization offering friendship, love, and understanding to bereaved parents, siblings, and their families.

we talk, we listen, we share, we care, we understand

We extend a special warm welcome to you, the newcomers. We are sorry for the reason you have received our newsletter. We know that it takes courage to attend your first TCF meeting, and it may take three or more meetings for you to feel the benefit of group sharing. We will not offer a "quick fix" or hurry you along in your grief, but we can offer you much needed support, and provide an opportunity for you to meet new friends who are traveling the same path.

SUPPORT GROUP MEETING INFORMATION - Our next support group meeting will be held on **Tuesday, April 12, 2016, 7:30 PM-9 PM at the St Lukes Quakertown Hospital, 1021 Park Ave., Quakertown, PA in Taylor conference rooms A & B.**

BRING A PHOTO OF YOUR CHILD/SIBLING FOR THE REMEMBRANCE TABLE. Bring memoirs / photos of your child/sibling for the birthday table when its their birthday. Tell us about your memories of your loved one...we'll listen, cry and hug with open arms.

2016 Steering Committee

Chapter Leader : Darlene Dusza
215-536-0173 (TCF) (c) 267-374-1171
nanadusza@verizon.net

Co-Leader: Ginny Leigh-Manuell

Treasurer : MaryAnn Kulp

Secretary : Barb Reboratti

Newsletter Editor / Community Outreach

Darlene Dusza
415 Rich Hill Rd
Sellersville PA 18960
215-536-0173
tcfquakertownchapter@verizon.net

Remembrance and thank you cards

Lynette Lampmann Kelly Logan
MaryAnn Kulp Nancy Eisenhart
Ginny Leigh-Manuell Jennifer Pini

Public Relations—Barb Reboratti, Linda Stauffer

UNITED WAY #14064

Greater Lehigh Valley

Hospitality Committee : Carol Graham

Nancy Eisenhart

Committee Members :

Bonnie Maurizio Donna Hesse
Linda Stauffer MaryAnne Macko

Chapter Librarians: Theresa Sitko /
Linda Ervin

Email - Telephone Friends

Barb Reboratti - daughter, Allison
death-- result of crime 215-538-0941
victim.advocate@verizon.net

Darlene Dusza - daughter, Michelle
death-- result of auto accident
215-536-0173

nanadusza@verizon.net

Jennifer Pini sibling, Jason
death -- suicide 215-828-3810
dance140@hotmail.com

Crystal Hunter-sibling, Justin
death - medical condition
crys.hunter@gmail.com

614-746-8076 (sibling contact person)

Donna Hesse - daughter, Kisha
death -- result of auto accident
dmhesse150@yahoo.com

Anne and Craig Landis - son, Marc
death - result of suicide
215-536-5143

Collection of Redners Save-A-Tape program

Mail your register save-a-tape slips to our PO box to help our chapter. You may black any debit / credit card numbers, but do not black out the dollar amounts. Remember to use your Pump Perks card for the save-a-tape program. Send complete sales receipt.

PRINTER INK CARTRIDGES

STOP don't throw them away... Save your empty ink cartridges and give to our chapter for recycling. We earn rewards for recycling them and can purchase paper and other items to help cut the costs of printing the newsletters, programs for events etc... Bring to a meeting or an event in a plastic bag and give to Darlene .

Other TCF support group meetings and children support groups etc:

Lehigh Valley Group meets the 2nd Monday of each month on the 2nd floor of Sacred Heart Hospital on Chew St. at 4th St. in Allentown PA at 7 PM Contact: 484-597-0240

Peace Valley Group meets the 3rd Wednesday of each month at Lenape Valley Presbyterian Church at Rt. 202 and Ute Rd, New Britain PA at 7:30 PM; Contact: Karen Kovacs 267-218-5889

Ryan's Tree for Grieving Children, Inc. located in Lehigh Valley, PA, Support for children ages 5-18 who are grieving the loss of a family member or friend. - run programs throughout the year-contact St. Luke*s Hospice at 610-997-7120 or Krista.Malone@sluhn.org.

Stepping Stones for children ages 4 -12 years old, has a program for children who are grieving a sibling, parent, etc... Held at Camelot for Children, 2354 W. Emmaus Ave, Allentown PA 18103 call: 610-969-0330 for more information

Greenshire Arts Consortium Grief and Empowerment Workshops - located in Quakertown - contact: Hillery Woods Siatkowski, NCTMB at 206-552-4229 or email message@moonogyoga.com for dates and more information

www.kidsaid.com - is a FREE online resource and is a safe place for kids and teens to help each other deal with grief and loss. There are options of email support groups, sharing artwork, poetry, and stories, and a place for parents and kids to ask questions and get answers.

***Kids-to-kids** is an email support group for kids ages 12 and under ***K2K-teens** is an email support group for teens ages 13- 18.

THANK YOU THANK YOU THANK YOU

Thank you to, Theresa Sitko, MaryAnne Macko, Louise & Toby Minner, for providing our March refreshments. They do this in remembrance of their children, Clayton (Theresa), Chris (MaryAnne), Douglas (Louise & Toby).

If you would like to provide refreshments in remembrance of your loved one at a meeting please contact Carol Graham at 215-538-3651. You may also sponsor refreshments for a meeting for a fee of \$40 or more depending on what you would like and the hospital's catering service will set up and provide the drinks and refreshments for the evening. This can be split between more than one family each month.

A special thank you to Mary Ann Kulp, Nancy Eisenhart, Lynette Lampmann, Ginny Leigh-Manuell, Kelly Logan and Jennifer Pini for the Remembrance and Thank you cards that you receive. They do this in remembrance of their children/ siblings, son, Tony (MaryAnn), daughter, Kelly (Nancy), son, Shawn (Lynette), son, Brian (Ginny), and brother, Jason (Jennifer), Kelly does it in remembrance of all those who have gone too soon. An appreciated Thank You to our members for helping to set up and tear down for our meetings, they do this in remembrance of their children and siblings. A special thank you to St. Luke's Hospital for providing us with our meeting rooms each month.

Thank you to, Betty and Charlie Hottenstein, for taking on the monthly task of assembling our monthly newsletters for mailing, they do this in remembrance of their daughter, Tracy Hottenstein.

Thank you for your Love Gifts and Support

We the parents and families of the Quakertown Chapter of Compassionate Friends would like to send a special Thank You to the following donors. Without their generosity in giving to a good cause we would not be able to continue reaching out to newly bereaved parents and families with our Outreach packet and newsletters.

MaryAnne Macko, In Loving Memory of her son, Chris Trauger, 3/21—6/27 😊

In loving memory of Chris' birth-Loved you then, love you still, always have and always will. Forever your Mom

Kay & Dean Souder, In Honor Memory of Uncle Donald Deetz



Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain! Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK -- what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Remember also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meeting. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you are able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

Your Friends at TCF Quakertown Chapter

Quakertown Chapter does have a siblings group that meets at various places, days and times. To try and accommodate the surviving siblings that cannot attend a regular meeting because of childcare issues or work schedule etc. Please contact our sibling contact person: Crystal Hunter via email or by phone. Contact info on front page.

Library Books

We have a nice library of books for our members to check out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our monthly meetings. If you are not able to make the meeting you may mail it back to us or have someone else return it to us.

Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

Newsletter Errors and Omissions

For any errors or omissions please contact Darlene via email at tcfquakertownchapter@verizon.net with the error and the correction for the next month newsletter.

Please remember we are all volunteers and grieving parents / siblings and we do forget and make mistakes too.

About This Newsletter

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by phone 215-536-0173;

or email: tcfquakertownchapter@verizon.net

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have notified us you will be removed from the mailing list.

Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the proceeding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: tcfquakertownchapter@verizon.net.



Memories...

The phone rings. In an instant, quicker than a breath, your life is changed...forever. The call no parent ever wants or expects to receive, regardless of the age of the child. Eyes burning like hot coals, as endless tears burn the flesh of your very soul. Loss is seldom easy. The loss of one's child seems even more devastating. Feeling almost unbearable at time.

To be celebrating life and birth euphorically one day, enduring the searing pain of the loss of that life... the very next day.

Coping becomes a daily challenge.

How does one get through this?

Through the faith, loving support, prayers, words of great encouragement, unselfish acts of kindness, financial donations, from those of you God has placed in our lives. Each of you hand-picked to serve a purpose.

God has used you to give us patience, perseverance, and endurance. We drink deeply the nectar of your love, a reflection of who you are under the Holy Spirit.

You have enabled us to move forward in our mourning. To focus on the gift of life God has given us. Embracing opportunities to touch other lives in a positive way. The balance for us is delicate, like that of a butterfly gently perched on the soft delicate petals of a flower, deeply drinking in the nectar. Yes we may appear weak and fragile at times. Yet we continue to know God will keep us strong. Sometimes we will flutter, sometimes we will fly.

With all our hearts we thank-you for being on this journey with us. Praise be to God for putting each and everyone of you in our lives. You have helped us far greater than any words can express.

Without you and the love of God, we would not be emotionally released from our net of suffering. For that, we will be forever grateful. Peace is an incredible gift.

God Bless You All, for the love of our son, Jonathan.

Bob and Jacqueline Daniel—TCF Quakertown Chapter

AS I SIT IN HEAVEN

As I sit heaven
And watch you everyday
I try to let you know with signs
I never went away
I hear you when you're laughing
And watch you as you sleep
I even place my arms around you
To calm you as you weep
I see you wish the days away
Begging to have me home
So I try to send you signs
So you know you are not alone
Don't feel guilty that you have
Life that was denied to me
Heaven is truly beautiful
Just you wait and see
So live your life, laugh again
Enjoy yourself, be free
Then I know with every breath you take
You'll be taking one for me... SHARE

People know your name, not your story.
They've heard what you've done, but not
what you've been through. So take their
opinions of you with a grain of salt. In the
end, it's not what others think, it's what
you think about yourself that counts.
Sometimes you have to do exactly what's
best for you and your life; not what's
best for everyone else.

www.stevemaraboli.com



YUM



YUM



DATE: Saturday, April 9, 2016

TIME: 10 AM to 2 PM

PLACE: Landis Market, Constitution Ave, Perkasie PA

Compassionate Friends –Quakertown Chapter

Funds will benefit our Chapter with Community Outreach, monthly newsletters, special programs at support group meetings. Please help support us by baking and / or purchasing delicious baked goodies. Please wrap items individually or on / in a disposable container that does not need to be returned to you.

Please contact Darlene at 215-536-0173 or tcfquakertownchapter@verizon.net OR

Ginny at 215-795-2519 or vlm54@comcast.net

If you are able to help with baking goodies. Please drop off at the bake sale between 9:30—10:30 AM. If you are able to help for an hour to help sell please contact us.

Contact us so we know who will be bringing baked goodies.

Thank you for your support

Darlene, Ginny and our steering committee



We are a support group for parents who have experienced a death of a child(ren).



Springtime Thoughts Lead to Children Who Have Died

Written by [Sandy Fox](#) on Friday, April 19, 2013

After an unusually, stormy, cold winter all over the nation, spring has finally arrived. The days are getting longer, the weather is getting warmer, and the flowers are now blooming. Along with nature's beauty comes thoughts of our children who are no longer with us. Oh, how they, too, would love the beautiful sunsets, seeing the return of the birds from the south and perhaps experience a new crop or newly born animals coming out of their winter shelters.

But they will not see any of this, and it makes me very sad to think not only what we parents have lost but also of what they, our children, have lost. It was only after my daughter died that I came to appreciate the little things in life, stopping for a moment to listen to two birds talking to each other, watching airplanes leave streaks across the clear blue sky; and seeing Marcy's favorite flower blooming, the lily, knowing that I will leave those flowers on her grave the next time I visit the cemetery.

Many, many things I have come to realize are not very important when you compare them to losing a child: the daily baseball scores, the fact that gasoline has gone up another penny, the most recent Hollywood couple to divorce.

We don't always have good days; the sense of loss and emptiness is greatly intensified on these beautiful days and has emotional triggers for the bereaved – graduations, Mother's Day, summer vacation and trees blooming once again.

The coming of spring does not make everything okay again. What it does do is offer hope: hope that the pain of losing your child will ease a little with each passing year, hope that your grief work will help you in the healing process, and hope that you will be able to move forward into a new life full of promise.

Spring reminds us that regardless of what has happened in our lives, nature's process continues as we must also. Be kind and patient with yourself. Don't expect too much, too soon, but try to let a little of the hope that spring can offer into your body, and notice the smile that will form both on your face and in your heart.



Seasons

The change of seasons is difficult. It reminds me that I must change if I am to live again. We can become stuck in our grief, full of self-pity and overwhelmed with pain. I do not believe our children would want us to live the rest of our lives in pain and misery. It is so easy to fall into the "black pit" and never have the strength or courage to crawl out – because crawl out we must...on our bellies.

We are different now, with different priorities and goals. We must find a new purpose for going on, and we must accept the changes in our lives – including ourselves, for we are different now. We cannot go backward, though there are times we yearn to. We must go forward. If we don't, we stay stuck at the point our world changed. I used to say "ended."

Change is difficult. To accept the loss of our child is the most difficult of all. Our comfort comes from believing that the love we share will go on for all eternity and that we will be reunited again – and each day brings us closer. We must learn to live again, love again, feel joy and peace again – or our survival will be without value to ourselves or others.

Renee Little
TCF, Fort Collins, CO

Yesterday, Today and Tomorrow

Yesterday

You were here and I took it for granted that you would always be here. Telling you I loved you and was proud of you seemed unimportant. There would be time for that when we were older – when we fought less and talked more.

Today

I know that time will never come, and I will never have the chance to say things face-to-face. So I write them and think them and hope you know I mean them now and have always felt them.

Tomorrow

Each day the pain and regrets of things left unsaid get easier to deal with. I have begun to realize that you knew how I felt because you felt the same way. And as more tomorrows turn into yesterdays, I will find peace in that knowledge. Someday, somewhere, we will meet again and I will have my chance then.

Shannon Odessa Stiener
TCF, Lowell, IN

Anticipation and All Those "Days"

There have been several lately sharing their feelings of fall/autumn. Wow, there was a time that I, too, dreaded fall. Spring and fall are the most dramatic of the seasons and fall always represented to me as much beauty as spring. The changing colors, the flower bulbs maturing under the soil preparing for their entry into spring, and the anticipation of holidays were a delight. My birthday (11/03) and Robert's birthday (11/07/76) were also another highlight to fall. Birthdays were (and still are) always so special for our family.

After Robert's death on 11/24/91, I learned what the word "anticipation" meant, not as Webster states "pleasurable expectation," but the anticipation of a bereaved parent. There is little pleasure in anticipating their birthday, their death date anniversary, Mother's Day, Father's Day, holidays, etc. Planning for these days early on in our grief is like an albatross, we want to do something special for our child/sibling, but the grief is so heavy on our hearts, that we can barely think, much less make it a "memorable" occasion. Another Webster definition of anticipation "visualization of a future event or state" which in some ways is a more accurate way for us to understand the anticipation we feel. We spend a lot of time and energy trying to visualize those upcoming events and special days without our child/sibling that sometimes the reality of who and what they still are to us gets lost in the pain.

Many have talked about having so many holidays, anniversaries, etc. so close together time wise. This is true in my case also. My birthday, 11/03, Robert's birthday, 11/07, his heaven date, 11/24, Thanksgiving, and two other very close relatives have November birthdays. I have struggled with "November" for almost 10 years now. After Robert's death, celebrating my birthday has been pretty much non-existent. Thanks to my loving family, I was given a "new" birthday two years ago. I was given a rebirth of June 3 (any year, any age I want to be). We celebrate my birthday in June now which helps a lot and takes some of the pressure and anticipation off when November rolls around. I can also now celebrate Robert's birthday, a special meal out with his brother, Kevin, and a balloon lift-off just to let him know how much he is loved and missed.

Well fall is here again and November is fast approaching. There was a time when I yearned to be a bear so I could hibernate from mid-October (when the anticipation begins) until the first of the year. That would get me thru all "those" days of November and the holidays. Now, even though I still feel the anticipation days, I look at them thru different eyes, thru the eyes of "mature" grief, seasoned by many autumns that have passed since Robert's death.

Barbara
Parsons

Mind Games

Mind Games—it can happen anywhere, anytime.

Driving along the highway, I think: just suppose I turn my head quickly, will you suddenly be sitting next to me? Will you be humming along to a song that was a particular favorite of yours? I swear I can hear you. I want so much to hear you singing loudly and a bit off-key again.

Or perhaps I'm in the supermarket and I see someone with long, blond hair—is it you? My heart thumps. I want so badly for it to be you. People glance at me strangely and I realize I'm standing in the middle of the aisle weeping. Even the special foods you loved can reduce me to tears. I'm tempted to buy your favorites and prepare them for when you come home for supper.

At night when I climb into bed, I scrunch over toward the middle, this gives you room to sit next to me the way you would after coming home from a late date.

My senses are alive with you. I can smell your special perfume and feel your long, slender fingers with the pearl ring Daddy gave you for graduation. I can hear your laughter. I will you to stay with me until I fall asleep.

Then there are the times when I consciously call out your name in the silence of the house. My mind knows there will be no response, but in my heart I hear you answer me and for that split moment you are there at the top of the stairs as surely as I am at the bottom. Barbara...Barbara... Barbara... Your name is a litany.

I suppose that behavior could be considered quite strange. What does one make of it? Weeping in supermarkets, calling to one who is not there. Oh, but in that fraction of a second when one feels one's loved one close, that feeling, although bittersweet, soothes and comforts a splintered heart.

Mind games...it can happen anywhere, anytime.

Bunny Placco
TCF, Greater Providence, RI



OUR CHILDREN REMEMBERED FOR APRIL

Birthdays and Always



Joani Freeman, daughter of David & Donna Freeman, 4/1

Eric Ervin, son of Linda & Rich Ervin, 4/1 - DOD 4/5

Benjamin Martin, son of Kristine Fallows, 4/5

Giacomo Maurizio, son of Bonnie Maurizio and brother of Shawn Maurizio & Nina Russo, 4/7

Cole Ferdock, son of Kelly Ferdock, 4/8

Shaun Barton, son of Catherine Barton, 4/10

Michael Johnson, son of David and Donna Freeman, brother of Dorene Elwell, 4/11

Steven Ketterer, son of Steven & Gail Ketterer & family, 4/12

Kelly Schmittinger, daughter of Nancy Eisenhart, sister of Dana Hutchinson, 4/13 - DOD 4/5

Farrald Lee III, brother of Kendra Stenack, 4/14

Jeffrey Carpenter, son of Steve Carpenter, 4/15

Patricia Loughrey, daughter of Desiree Loughrey, 4/17

James Friendly Jr, son of James & Petra Friendly Sr, 4/18

Tristan Engarde, son of Edward and Lisa Engarde, 4/18

Benjamin Culton, son of Mark & Barb Culton, 4/19

Todd Iatarola, son of Rhonda Iatarola, 4/20

Vivienne Martin, daughter of Justin & Mary Martin, grand daughter of Jim & Catherine McFadden 4/24

Tony Kulp, son of Mary Ann Kulp, 4/25

Jessica Roth, daughter of Wilbur and Carol Roth, 4/29

Christopher Court, son of Caroline & Tim Court, 4/29

Our Beloved Children...In our Hearts always... Remembered on the Remembrance Day of their death

Annalise Heap, granddaughter of Rose Maire Duncan, 4/1

Carla Taylor, daughter of Else Ridgeway, 4/1

Tim DeCoursey, Brother of Kim Flagello, 4/3

Leah Corrine, daughter of Anita and Doug Brown, 4/4

Sherry Reiss, daughter of Ray & Janet Popowicz, 4/5

Liam Williamson, son of Dan and Erin Williamson, 4/6

Alexis Falcone, daughter of Dominic & Carolyn Falcone, 4/6

Rich Hollabaugh, son of Linda & Wayne Hollabaugh, 4/10

Katherine Hurley, infant daughter of Jennifer & Zachery Hurley, 4/10

Joey Acker, son of Anne Marie Acker and brother of Jamie Russo, 4/10

Ryan Strauch, son of Dave & Jane Strauch, 4/13

Keith Heckler, son of Emma & Lamar Heckler, 4/13

Sarah Parvin, daughter of Keith and Sandy Parvin, 4/14

Cynthia Cole, daughter of Hugh and Marie Madden, 4/14

Brooke Miller, daughter of Beth Miller, 4/15

Cpl. Elliot Teisler, son of Daniel and Roberta Teisler, 4/17

Jason Reall, son of Steven & Barbara Reall, brother of Jennifer & Dennis Csondor, 4/17

Michael Morgan, son of Deb and Ray Vrtis, 4/19

James Palatinus, son of Nandor and Susan Palatinus, 4/19

Allan Afflerbach, son of Janice & Herman Afflerbach, 4/19

Craig Zakeosian, son of Mike Zakeosian, 4/20

Frank Voce, son of Frank and Anna Voce, 4/20

Andrew Shadle, son of Barbara Shadle, 4/20

Gary Zemitis, son of Lynne Bowers, 4/20

Donald Cass Sr., brother of Wendy Ramage & Trish & Brian Cass, 4/22

Adam Tomlinson, son of Lynn Miller & John Tomlinson Jr, 4/22

Douglas Minner, son of Toby & Louise Minner, 4/22

Sundai Marie Peters, daughter of Arlene & Phil Peters, 4/24

Brian Lambert, son of Alberta & Rich Lambert, 4/26

Richard Carver Jr, brother of Carla Harris, 4/27

Kristy Bender, daughter of Kathy & Frank Bender, 4/27

Scott Newell, son of Carol Newell, 4/28

Ronald Phillips, son of Theresa & Rich Phillips, 4/28

Krysta Henkin, daughter of Martin & Kathleen Shea, 4/30

and all the children that will never be forgotten as we celebrate their lives and memories



***** UPCOMING MEETING ANNOUNCEMENTS *****

***April 9, 2016 — Bake Sale — Landis Market—Perkasie PA 10 AM—2 PM**

***April 12, 2016 — 7:30 PM support meeting**

***April 26, 2016 — 7pm –steering meeting**

***June 11, 2016 –Memorial walk and Butterfly release**

Newsletter Update Form The purpose of this section is to update your information, email address, mailing address, phone number, Child's name, sibling's name, birth date and anniversary death date. This information will also help us in remembering your child / sibling on their days with a remembrance card sent to you by our chapter. Any questions contact the newsletter editor at 215-536-0173. Mail to the above address. I am the ___parent ___sibling ___grandparent

Your Name _____ I give permission to remember my child/sibling in the chapter newsletter/

Address _____ website newsletter on their remembrance day and their photo if submitted

_____ Phone # _____

Child / Sibling name _____ birth date _____ anniversary date _____

Child / Sibling name _____ birth date _____ anniversary date _____

If you would like to receive information about our special events, memorial walk and butterfly release, candle lighting etc. via email please provide your email address below. Would you please consider to receive our newsletter via email as a link to a chapter website where you are able to view it before it is mailed to those who do not have email.

___ yes ___ no email address:

_____ PLEASE PRINT

_____ Authorization Signature

_____ Date

LOVE GIFTS

A LOVE GIFT is a gift of money to The Compassionate Friends. It is usually in memory of a child who has died; either on his/her birthday or anniversary of the death. It can also be from someone who wants to honor a friend or relative who has died, or anyone who wants to help support the work of TCF. Your LOVE GIFTS are TAX DEDUCTIBLE, and are the Chapter's main monetary support. Chapter Non-profit #2053

I wish to make a donation in memory _____ honor _____ of _____

**Birth date _____ Death date _____

Love gift message _____

Please send your check payable to: TCF Quakertown Chapter and mail to: TCF Quakertown Chapter, PO Box 1013, Quakertown, PA 18951

I / We would like our Love gift to be used for: _____ Special Events /Speakers/community outreach _____ Memorial Garden

_____ Candle Lighting Program _____ Memorial Walk & Butterfly Release _____ General operating expenses

Your Name _____ email _____

Address _____

_____ Telephone _____



The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown, PA 18951

Meeting Date: April 12, 2016



WE ARE A SUPPORT GROUP FOR PARENTS, SIBLINGS, GRANDPARENTS AND FAMILIES WHO HAVE EXPERIENCED THE DEATH OF A CHILD OR SIBLING OF ANY AGE.

If you do not wish to receive this newsletter. Please return this page to the above address

The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.
The children we mourn have died at all ages and from many different causes,
but our love for them unites us.

Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.
We are a unique family because we represent many races, creeds, and relationships.

We are young, and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh and so
intensely painful that they feel helpless and see no hope.

Some of us have found faith to be a source of strength, while some
of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression,
while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends,
it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves,
but we are committed to building a future together.

We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace,
share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends. (c) 2007