Serving Upper Bucks and Montgomery Counties

The Compassionate Friends

Quakertown Chapter JMarch/ April 2023

# **Support Group Meeting** Information

March - General Support Meeting March 14 at 7-8:30pm

April - Button Making at the Support Meeting April 11 at 7-8:30pm

- Since the button bends the paper a bit, bring a photo that is on normal paper- not photo paper.
- It can be a square and then it will be cut into the circle needed. The picture can be a full body picture.
- The buttons are either  $2\frac{1}{4}$  diameter or 3" (There are a lot of the 3" buttons!)
- If the photo is too small, you can put it on colorful paper to make it larger.

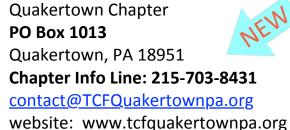
See the examples that the Leadership team made at our last meeting.

"May Good Luck be with you wherever you go, and your blessing outnumber the shamrocks that grow"

## -Irish Blessing







Please give some thought to volunteering with The Compassionate Friends. Our Chapter is growing and we need helping hands to continue to help others that are new to this path of grief. We need not walk alone.



Make sure to plan enough time to make sure the photo prints nicely on paper. We hope to see you at our meeting. If you have questions, please email

tcfqtleaders21@gmail.com but allow at least 48 hours for a response.

# Save the Date Annual Butterfly Release and Memorial Walk

Saturday, June 10, 2023 (rain or shine) James Memorial Park (Ridge Road, Sellersville)

We truly enjoyed our time with you last year, and we hope you can make it again!

The paper order form (for shirts, sweatshirts, and butterflies) will be mailed (via USPS) to **all** families on our list so you do not have to print it. If we do not have your correct mailing address, the information is also being emailed. Both the email and the mailing will happen at the start of April. To guarantee your family has butterflies, t-shirts, and/or sweatshirts, be sure to follow the due dates listed on the order form.

Once again, we will need raffle baskets, baked goods, and unique crafts donated to sell. If you think you can donate one, please let us know if you have questions.

Hope to see you June 10 at the event!





My Beloved Katie by Linda P. Stauffer

Each day I wake up from a terrible dream, Only to find the world has changed. I go to your room; your things are still there Your dolls, your medals and your favorite bear. The scent of you lingers, the smell of your hair Memories of you, I find, are everywhere Your precious books are stacked by the bed And tissues that captured your tears as you read Your paintings and drawings still hang on the wall Collections of seashells and rocks from the beach Bring back the memories of the times well spent How do I go on without you by my side? To love you to hold you, with smiles and pride. My heart, it is broken, my dear beloved child I miss your laughter, your music and your smiles, All of our dreams of the future will never come true The 'whys 'and 'if onlys 'endlessly swirl in my head

Please tell me, oh God, I wish I were dead I want to be with you every second of the day But Dad and your sister, they need me to stay Your friends and your family will never forget, Your friendship, your love and your gentle kindness

You will live on forever in their hearts and their minds,

I will love you forever my darling, my child.

In Loving memory of Katie Stauffer 6/24/1983- 3/8/2003 http://www.katiestauffer.org

## Our Children Remembered on their Birthdays March Apríl

3/5 - Jacquelyn Dahms, daughter of Don & Lorraine Croissette

3/5 - Genine Leary, daughter of Jon & Sylvia Holznagel

3/5 - Leslie Ann Kobzina, daughter of Randy & Lori Ann Kobzina

3/10 - Taryn Kline, daughter of Susan Kline

3/11 - George Davish, son of Sheryle & George Davish

3/15 - Kristy Bender, daughter of Kathy & Frank Bender

3/15 - Donnie Daniels, Jr., son of Don & Kelly Daniels

3/16 - Pat Cornell, sister of Kathy & Frank Bender

3/17 – Bernie Kenzakowski, brother of Rebecca Kenzakowski

3/18 - Joseph Cooper, son of Edith Cooper

3/18 - Ryan Heimerdinger, son of Robert & Barbara Heimerdinger

3/19 - Billy Klinedinst, son of Michelle Klinedinst

3/20 - Amber Eisenstein, daughter of Ben Eisenstein

3/21 - Chris Trauger, son of Mary Anne Macko & Mike Hamilton; Jim Trauger; grandson of Dolly Bibic

3/22 - Ryan McGuinness, son of Tim **McGuinness** 

3/23 - Peter Michael Hallinan, son of Carol & Tom Hallinan

3/24 - Neveah Phillips, granddaughter of Chris Snider

3/26 - Joshua Adair, grandson of Lois Harner 3/26 - Hunter Larrabee, son of Michelle

Larrabee & Steve Argue

3/26 - Karisa Kade, daughter of Kathy & Mike Fluck

3/28 - Alexis Falcone, daughter of Dominic & Carolyn Falcone

3/28 - Jason Heuckeroth, son of Debbie & Mark Heuckeroth

3/28 - Eric Hill, son of David & Susan Hill 3/31 - Justin Hunter, brother of Crystal Hunter; son of Pat & Annette Hunter

4/1 - Eric Ervin, son of Linda & Rich Ervin 4/5 - Benjamin Martin, son of Kristine Fallows

4/7 - Joneric "EJ" Perullo, grandson of Suzanne & Tom Kwan

4/7 – Giacomo Maurizio, son of Bonnie Maurizio

4/8 - Cole Ferdock, son of Kelly Ferdock 4/12 - Steven Ketterer, son of Steven & Gail Ketterer

4/13 - Kelly Eisenhart-Schmittinger, daughter of Nancy Eisenhardt, sister of Dana Hutchinson

4/15 - Ben Smith, son of Nick Wyllie

4/19 – Dalton Hunsberger, son of Charis Hunsberger

4/25 - Tony Kulp, son of Mary Ann Kulp

4/29 - Christopher Court, son of Caroline & Tim Court

Our Children Remembered on the Anniversary

of Their Death Loved , missed and always in our hearts

<ul> <li>3/2 - Jamie Frick Standish, daughter of Terry Frick</li> <li>3/2 - Patrick Pettie, son of Doreene Pettie</li> <li>3/4 - Ardyth Cope, daughter of Carol Cope</li> <li>3/5 - Genine Leary, daughter of Jon &amp; Sylvia</li> <li>Holznagel</li> <li>3/7 - Jamie Stewart, son of Jim &amp; Beverly Stewart, brother of Sherrie</li> <li>3/8 - Katie Stauffer, daughter of Carl &amp; Linda</li> <li>Stauffer; sister of Chrissy</li> <li>3/11 - Richard "Drew" Panettieri, son of Richard &amp; Suzanne Panettieri</li> <li>3/12 - Walter Pettie, Jr., son of Doreene Pettie</li> <li>3/12 - Erick McBeth, son of Marie Fedorowicz</li> <li>3/14 - Marc Falcone, son Dominic &amp; Carolyn Falcone</li> <li>3/18 - Christine McGhee, daughter of Dawn McGhee</li> <li>3/19 - David Curran, son of Barbara Santaniello</li> <li>3/21 - Tammy Moore, daughter of Tom &amp; Sandra Moore</li> <li>3/23 - Giacomo Maurizio, son of Bonnie Maurizio</li> <li>3/24 - Neveah Phillips, granddaughter of Chris Snider</li> <li>3/29 - Rennis Reitz II, son of Barbara Reitz</li> <li>3/29 - Michael Yothers, son of Brenda Yothers</li> <li>3/31 - Donald Trujillo, son of Priscilla Crawford</li> </ul>	Nancy Eisenhart; sister of Dana 4/5 - <b>Sherry Reiss</b> , daughter of Ray & Janet Popowitz; sister of Lisa Springer 4/6 - <b>Alexis Falcone</b> , daughter of Dominic & Carolyn Falcone 4/7 - <b>Kyle Smith</b> , son of David & Maria Smith 4/8 - <b>Eric Ervin</b> , son of Linda & Rich Ervin
Special Thanks	<b>4/25 – Michael Cogossi,</b> son of Cheryl Cogossi 4/27 - <b>Kristy Bender</b> , daughter of Kathy & Frank Bender

A special thank you to Jennifer Pini, Diane Gurecki, Sierra Doyle, and Ginny Leigh-Manuell for the Remembrance cards that you receive

They do this in memory of their children/ siblings: An appreciated Thank You to our members for helping to set up and tear down for chapter meetings. Thank you to Linda Stauffer for supplying the ink and paper and printing our newsletter and creating and maintaining our website. She does this in memory of her daughter Katie. Thank you to Theresa Sitko for managing our memorial garden. She does this in memory of her son Clayton Thank you to Dianna Cox for addressing our monthly newsletters for mailing. She does this in remembrance of her son Michael. Thanks to Barb and Bob Heimerdinger for applying the memorial Plaques to the wall in the memorial garden. They do this in remembrance of their son Ryan.



https://gatheringplaceevent.com/

Huge special THANK YOU to Elsa and her business! We hold our in person support meetings at The Gathering Place in the center of Quakertown and we love it. If you have a need to have a gathering of 100 or less people, reach out to her! We appreciate Elsa and her staff for helping us provide support to families going through unimaginable grief.





We are looking for some people who may be interested in giving back to the chapter, but perhaps you do not want to commit to a certain day/time ( $4^{th}$  Tuesdays at 7-8:30 if you do) for our leadership team. The people we need would be doing visits to business, fire houses, funeral homes and churches. Reach out to us if you want to help us connect with other families who may need us.



"There is a sacredness in tears. They are not the mark of weakness, but of power. They speak more eloquently than ten thousand tongues. They are messengers of overwhelming grief...and unspeakable love." Washington Irving

Sending a very special thank you to those who sent in love gifts this month:



To Christopher Snider- In memory of his son Corbin Christopher Snider- We Love and Miss you Son

TO Mary Anne Macko- In Memory of her sons Chris Trauger and Matt Trauger- Thinking of your birthdays coming up this Spring:

Loved you then, Love you still 😊 Always have~Always will!! Love, Mom

To Gail Blase - In Memory of her daughter Katey Blase, who is now dancing with her dad, Jack and playing with her dog, Duke in heaven. Mom loves and misses you.

Donations made in memory of your child, grandchild or sibling are always welcome,. Please help us help others. We Need Not Walk Alone.



#### LOVE GIFTS

A Love Gift is a donation of money in support of our Quakertown Chapter of The Compassionate Friends. Donations can be in memory of a child, sibling, or grandchild on their birthday, angel day or anytime. Your Love Gift will be acknowledged in our newsletter. Love Gifts are our Chapter's main monetary support. Anyone can donate and we thank you for your support of our chapter.

#### We are a 501(c) 3 nonprofit, chapter #2053. Donations are tax deductible.

In Memory of:		
Birth Date Death Date	_	
Check One: Please use my gift for:	Love Gift Message	*
General Operating Expenses Memorial Garden		
Your Name:		
Email:		
Phone:	<u>Please make check payable to:</u> The Compassionate Friends, Quakertown Chapter	
Address:	<b>Mail to:</b> PO Box 1013 Quakertown, PA 18951	Yes or No - include my name / love note in the newsletter.



## The Compassionate Friends Quakertown Chapter As a remind

Supporting Family After a Child Dies Serving Bucks and Montgomery Counties



About Our Chapter

Chapter Leader – Crystal Hunter Chapter Treasurer – Lisa Dechant Chapter Secretary – Gail Blase Assistant Secretary -Mary Anne Macko Newsletter Editor/Webmaster -Linda Stauffer Membership Outreach-**Ginny Leigh Manuel** Social Media Coordinator & Sibling Coordinator – Crystal Hunter Memorial Garden Chairperson -Theresa Sitko Committee members - Dianna Cox, Diane Gurecki, and Lynette Lampman, Sherri Albro, Barbara Reboratti, Lynne Rainey, Bob Albro **TCF National Office:** 877-969-0010 www.compassionatefriends.org

The Compassionate Friends is a nationally renowned 501 C (3) non-profit organization with 700 chapters in the US. All donations are tax deductible.



New Chapter phone number 215-703-8431

#### Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self- help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

#### To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain!. Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK what would it have been like for you at your first meeting if there had not been any TCF"veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

#### Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here is discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Re-member also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

#### Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meet¬ing. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends. As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you're able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

Your Friends at TCF Quakertown Chapter

#### Library Books

We have a nice library of books for our members to check

out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our monthly meetings. If you are not able to make the meeting you may mail it back to us or have someone else return it to us. Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

#### Newsletter Errors and Omissions

For any errors or omissions please contact Linda via email at kt4ever@mac.com with the error and the correction for the next month newsletter. Please remember we are all volunteers and grieving

#### About This Newsletter

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by email: newsletter@tcfquakertownpa.org

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have not notified us you will be removed from the mailing list.

#### Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the preceding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: newsletter@tcfquakertownpa.org



The Compassionate Friends Quakertown Chapter PO Box 1013 Quakertown, PA 18951

### Support Group Meetings are March 14 and April 11 at The Gathering Place

#### The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope. We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope. Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died. We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow. We Need Not Walk Alone. We Are The Compassionate Friends.