



Quakertown Chapter

servicing Upper Bucks and Montgomery Counties

The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown PA 18951
Chapter Info line: 215-536-0173
Chapter email:
tcfquakertownchapter@verizon.net
website: www.tcfquakertownpa.org



The Compassionate Friends National Office
877-969-0010
www.compassionatefriends.org
Eastern PA Regional Coordinators
Bobbie Milne mcfly423@aol.com
Ann Walsh tcfestarc@yahoo.com

December
2015

Quakertown Chapter Founders -Eileen & the late Tim Bolish
Facebook page: **Quakertown PA Compassionate Friends**

A self-help organization offering friendship, love, and understanding to bereaved parents, siblings, and their families.

we talk, we listen, we share, we care, we understand

We extend a special warm welcome to you, the newcomers. We are sorry for the reason you have received our newsletter. We know that it takes courage to attend your first TCF meeting, and it may take three or more meetings for you to feel the benefit of group sharing. We will not offer a "quick fix" or hurry you along in your grief, but we can offer you much needed support, and provide an opportunity for you to meet new friends who are traveling the same path.

SUPPORT GROUP MEETING INFORMATION - Our next support group meeting will be held on **Tuesday, December 8, 2015, 7:30 PM-9 PM** at the **St Lukes Quakertown Hospital, 1021 Park Ave., Quakertown, PA in Taylor conference rooms A & B.**

BRING A PHOTO OF YOUR CHILD/SIBLING FOR THE REMEMBRANCE TABLE. Bring memoirs / photos of your child/sibling for the birthday table when its their birthday. Tell us about your memories of your loved one...we'll listen, cry and hug with open arms.

2015 Steering Committee

Chapter Leader : Darlene Dusza
215-536-0173 (TCF) (c) 267-374-1171
nanadusza@verizon.net

Treasurer : MaryAnn Kulp

Secretary : Ginny Leigh-Manuell

Assistant Secretary : MaryAnne Macko

Newsletter Editor / Community Outreach

Darlene Dusza
415 Rich Hill Rd
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Remembrance and thank you cards

Lynette Lampmann Kelly Logan
MaryAnn Kulp Nancy Eisenhart
Ginny Leigh-Manuell Jennifer Pini

UNITED WAY #14064

Greater Lehigh Valley

Hospitality Committee : Carol Graham

Mary Anne Macko Nancy Eisenhart

Committee Members :

Bonnie Maurizio Barbara Reboratti
Donna Hesse Linda Stauffer

Chapter Librarians: Theresa Sitko/
Linda Ervin

Email - Telephone Friends

Barb Reboratti - daughter, Allison
death-- result of crime 215-538-0941
victim.advocate@verizon.net

Darlene Dusza - daughter, Michelle
death-- result of auto accident
215-536-0173

nanadusza@verizon.net

Jennifer Pini sibling, Jason
death -- suicide 215-828-3810
dance140@hotmail.com

Crystal Hunter-sibling, Justin
death - medical condition
crys.hunter@gmail.com
614-746-8076 (sibling contact person)

Donna Hesse - daughter, Kisha
death -- result of auto accident
dmhesse150@yahoo.com

Anne and Craig Landis - son, Marc
death - result of suicide
215-536-5143

Collection of Redners Save-A-Tape program

Mail your register save-a-tape slips to our PO box to help our chapter. You may black any debit / credit card numbers, but do not black out the dollar amounts. Remember to use your Pump Perks card for the save-a-tape program. Send complete sales receipt.

PRINTER INK CARTRIDGES

STOP don't throw them away... Save your empty ink cartridges and give to our chapter for recycling. We earn rewards for recycling them and can purchase paper and other items to help cut the costs of printing the newsletters, programs for events etc... Bring to a meeting or an event in a plastic bag and give to Darlene .

Other TCF support group meetings and children support groups etc:

Lehigh Valley Group meets the 2nd Monday of each month on the 2nd floor of Sacred Heart Hospital on Chew St. at 4th St. in Allentown PA at 7 PM Contact: 484-597-0240

Peace Valley Group meets the 3rd Wednesday of each month at Lenape Valley Presbyterian Church at Rt. 202 and Ute Rd, New Britain PA at 7:30 PM; Conatct: Karen Kovacs 267-218-5889

Ryan's Tree for Grieving Children, Inc. located in Lehigh Valley, PA, Support for children ages 5-18 who are grieving the loss of a family member or friend. - run programs throughout the year-contact St. Luke*s Hospice at 610-997-7120 or Krista.Malone@sluhn.org.

Stepping Stones for children ages 4 -12 years old, has a program for children who are grieving a sibling, parent, etc... Held at Camelot for Children, 2354 W. Emmaus Ave, Allentown PA 18103 call: 610-969-0330 for more information

Greenshire Arts Consortium Grief and Empowerment Workshops - located in Quakertown - contact: Hillery Woods Siatkowski, NCTMB at 206-552-4229 or email message@moonogyoga.com for dates and more information

www.kidsaid.com - is a FREE online resource and is a safe place for kids and teens to help each other deal with grief and loss. There are options of email support groups, sharing artwork, poetry, and stories, and a place for parents and kids to ask questions and get answers.

***Kids-to-kids** is an email support group for kids ages 12 and under ***K2K-teens** is an email support group for teens ages 13- 18.

THANK YOU THANK YOU THANK YOU

Thank you to, Bob & Jacqueline Daniel, Albert & Carol Graham, Marsha Leary, Lynette Lampmann for providing our November refreshments. They do this in remembrance of their children, Melinda (Bob/Jacqueline), Adam (Albert & Carol), Trevor (Marsha), husband - Bill (Lynette).

If you would like to provide refreshments in remembrance of your loved one at a meeting please contact Carol Graham at 215-538-3651. You may also sponsor refreshments for a meeting for a fee of \$40 or more depending on what you would like and the hospital's catering service will set up and provide the drinks and refreshments for the evening. This can be split between more than one family each month.

A special thank you to Mary Ann Kulp, Nancy Eisenhart, Lynette Lampmann, Ginny Leigh-Manuell, Kelly Logan and Jennifer Pini for the Remembrance and Thank you cards that you receive. They do this in remembrance of their children/ siblings, son, Tony (MaryAnn), daughter, Kelly (Nancy), son, Shawn (Lynette), son, Brian (Ginny), and brother, Jason (Jennifer), Kelly does it in remembrance of all those who have gone too soon. An appreciated Thank You to our members for helping to set up and tear down for our meetings, they do this in remembrance of their children and siblings. A special thank you to St. Luke's Hospital for providing us with our meeting rooms each month.

Thank you to, Betty and Charlie Hottenstein, for taking on the monthly task of assembling our monthly newsletters for mailing, they do this in remembrance of their daughter, Tracy Hottenstein.

Thank you for your Love Gifts and Support

We the parents and families of the Quakertown Chapter of Compassionate Friends would like to send a special Thank You to the following donors. Without their generosity in giving to a good cause we would not be able to continue reaching out to newly bereaved parents and families with our Outreach packet and newsletters.

Mary Smith, In Loving Memory of a friend's father, Kenneth Conrad Sr.

Kathleen Hardgrove, In Loving Memory of her son, Jacob Burkett, 10/10—1/19

Lynette Lampmann, In Loving Memory of her husband, Bill

Rebecca Scheck, In Loving Memory of her daughter, Jaime Scheck, 11/17—11/8

Carol & Albert Graham, In Loving Memory of their son, Adam Graham, 11/19—7/5

Bob & Jacqueline Daniel, In Loving Memory of their daughter, Melinda Daniel, 11/16—7/17

Lynne Bowers, In Loving Memory of her son, Gary Zemitis, 10/13—4/20

Suzanne & Rich Panettieri, In Loving Memory of their son, Drew Panettieri, 11/27—3/11

Happy Birthday, Love you & miss you always

Doris Crouthamel, In Loving Memory of her son, Glen Crouthamel, 10/28—3/25

Love you & Miss you always

John & Anita Bardsley, In Loving Memory of their daughter, Katie Leck, 7/20—5/22

Continued



Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain! Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK -- what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Remember also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meeting. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you are able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

Your Friends at TCF Quakertown Chapter

Quakertown Chapter does have a siblings group that meets at various places, days and times. To try and accommodate the surviving siblings that cannot attend a regular meeting because of childcare issues or work schedule etc. Please contact our sibling contact person: Crystal Hunter via email or by phone. Contact info on front page.

Library Books

We have a nice library of books for our members to check out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our monthly meetings. If you are not able to make the meeting you may mail it back to us or have someone else return it to us.

Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

Newsletter Errors and Omissions

For any errors or omissions please contact Darlene via email at tcfquakertownchapter@verizon.net with the error and the correction for the next month newsletter.

Please remember we are all volunteers and grieving parents / siblings and we do forget and make mistakes too.

About This Newsletter

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by phone 215-536-0173;

or email: tcfquakertownchapter@verizon.net

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have notified us you will be removed from the mailing list.

Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the proceeding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: tcfquakertownchapter@verizon.net.

2016 Steering Committee—Quakertown Chapter

Chapter Leader—Darlene Dusza

CO-Chapter Leader—Ginny Leigh-Manuell

Treasurer—MaryAnn Kulp

Secretary—Barb Reboratti

Asst Secretary—Open

Media Liaisons—Barb Reboratti and Linda Stauffer

Memories...



A Christmas Story

When I was just a little girl
Around the age of three
I remember a Christmas
When Santa came to see me

A doll wrapped up
In a pretty bright red bow
Long golden hair to stroke
Oh my, how my heart glowed

And then came a Christmas
Later on in time
When I shared my first Christmas
With a son that was all mine

A few years later down the road
When he was only five
I didn't know it would be
The last Christmas in my life

Now on Christmas
As many in all these years
I spend my days at a grave
Shedding many tears

The Holidays come every year
That, I cannot change
But through all my memories
My memories I can rearrange

I can remember all the good years
That he and I had shared
I can still here the giggles
When he got that talking teddy bear

I can remember the hugs and squeals of "OH MOM"
As each gift he opened on that day
I can sit back and smile remembering
Before the angels took him away

Now I am older than I once used to be
But my mind drifts back
To what once was on Christmas
When my son was on earth with me

I tuck my head to fight the snow
As I wade through the fenced in graves
I've got my gift to give to him
On this years' Christmas Day

Sharon Bryant

In Memory of my son, Andrew Frank Dunbar
(Permission for TCF chapters to reprint granted by the author)

10 Tips for Living with the Holidays this Year

1. Remind yourself that you will survive. You will.
2. Think about what will bring you the most peace this holiday season.
 - a. Keeping all traditions intact?
 - b. Tweaking some traditions a bit and adding new ones?
 - c. Throwing out all the old traditions and starting new ones?
Flying to the Caribbean and completely skipping the holidays this year? It's okay to do that.
3. Don't expect anyone to mention your child by name. *Believe it or not*, that's your job. People will look to you to determine whether or not it's safe to talk about the person that died. A few subtle ways to do that:
 - a. Serve/bring your child's favorite dish to the holiday get-together – talk about it!
 - b. Bring a favorite picture – pass it around. Work it into the dining table centerpiece.
 - c. Bring a favorite memento – a book, a poem, a toy, a video, an article of clothing - share it after dinner. Have your child's favorite music playing in the background – tell the story!
4. Plan a special evening for close family and friends when you REMEMBER. Ask everyone to bring a favorite photo and write down a special memory. Set time aside to sit in a circle and share the photos and memories.
5. Remember that it's okay – it's even healthy – to cry.
6. It's okay to stay in bed...you will get out, when you are ready and able.
7. It's also okay to smile or even laugh, a bit. You're not being disloyal.
8. Buy yourself a gift. Wrap it. Write a note – to you – from your beloved child.
9. Buy someone less fortunate than you a gift.
10. Light a candle.

Use in TCF newsletters granted by the author, Tom Zuba, twice bereaved parent, author, speaker, and workshop presenter. www.tomzuba.com.

Handmade Quilt



handmade quilted wall hanging



MEMORIAL GARDEN FUNDRAISER

Cost - \$5 per ticket

Drawing will be held on December 13, 2015 at our Annual Candle Lighting - winners do not need to be present

Please ask your family, friends, relatives, co-workers.

Garden Flags

COST— \$15 EACH

Magnets and Decals

\$6 each



T-shirts Sky Blue color \$20

Sweatshirts—grey color crew \$25

Hoodies—grey color \$35



Quakertown Chapter of The Compassionate Friends

We are raising funds for our Memorial Garden Fund. Please contact Darlene Dusza Chapter Leader to purchase Memorial Garden Flags, tickets for our Butterfly themed quilt /wall hanging, T-shirts, sweatshirts, Hoodies, magnets/decals. Email: tcfquakertownchapter@verizon.net

Cell 267-374-1171

LOVE GIFTS continued

Phil & Arlene Peters, In Loving Memory of their daughter, Sundai Marie Peters, 12/3—4/24

We All Love & Miss You So Much

Patti & Joe Dille, In Loving Memory of their son, Matthew Dille, 5/22—9/26

Mark & Debbie Heuckeroth, In Loving Memory of their son, Jason Heuckeroth, 3/28—1/9

We look at the stars close to heaven, and hope to see you one day. Love, Mom & Dad

Jim & Helen Geib, In Loving Memory of their son, James, Gabriel Geib, 6/15—6/22

Anne & Bernie Smith, In Loving Memory of their daughter, Allison Fawcett, 12/25—10/3

Live, Laugh, Love, LEARN...Thinking of you every day, Love, Mom & Bernie

Marsha Leary, In Loving Memory of their son, Trevor Baelz, 8/13—5/25

A GRANDPARENT'S HOLIDAY DILEMMA

By: Margaret Gerner

Bereaved Grandmother and Bereaved Mother
St. Louis, MO

A difficult part of being a bereaved grandparent at the holiday time is that we are expected to be all things to all our children. To those who have healthy and complete families we are expected to share in their joy. To our bereaved child we are expected to understand, empathize and, above all, be aware of the special difficulty the holidays bring for them. We are put in the middle between our children, happy families on one side, and a sad one on the other. In addition, we have our own pain to deal with.

It seems to me that this is an impossible situation and frequently we are expected to do the impossible, but I don't think we can, nor do I think we should try. Because I am a bereaved parent myself and I have experienced that special grief, I know my bereaved daughter's second Christmas without her Emily will be a hard one, maybe even harder than the first one. It will be especially hard for her because this year my oldest son and his (complete) family will come from Minneapolis to St. Louis for Christmas. He has three little ones; the oldest is the same age that Emily would be. Seeing Bob's children, especially Robbie, will remind Dorothy even more that Emily will not be physically a part of our holidays.

For weeks I have been tormented with thoughts on how I will handle this situation. Will I act at the holidays in a way that will make my son happy, or in ways that will be supportive of my daughter? Granted, there will be separate times when I can be happy that my son and his family are here and happy to see my grandchildren, whom I don't see often; and there will be a time when I can be totally supportive of my bereaved daughter. But this will not be possible for all the time, especially on Christmas Day.

I have decided that, as hard as it may be to do, I must make a choice between them this year, and I choose to be supportive of my bereaved daughter. This may sound unfair, but is it? When our children were younger, weren't there times, such as when one was sick and needed our special attention, didn't we give it to them, oft times to the neglect of the others? This didn't mean we loved the sick child more than the others. It simply meant that the sick one needed us more than the others at that time. Our bereaved child is experiencing the most pain he/she will ever experience in his/her life and right now, needs us more.

Unfortunately, our child with the complete family may resent our attention to the bereaved child and feel neglected maybe even hurt, and for that we are sorry, but our child who has not lost a child has not experienced the constant pain and hurt our bereaved child has for a year or longer. We cannot let ourselves be too concerned that he/she may feel neglected or hurt for a few days.

To benefit ourselves as well as our bereaved child, we may consider changing some of our holiday traditions this year. Have a buffet instead of a sit-down dinner. Put the tree in the living room instead of the family room this year. A number of changes are possible. As in my case, my bereaved child lost her only child. I have asked her to come later, after my son's three little ones have opened their presents, so that she won't have to see the joy in their eyes that she will never again see in Emily's.

Even as parents of grown and married children, we never stop being teachers to them. We can take this opportunity to teach our non-bereaved children empathy and concern for others. This too can be a special lesson for our surviving grandchildren that they can learn from us.

We can enlist our non-bereaved children's aid in helping the bereaved child get through the holiday with a little less pain. We can remind them that while it may be somewhat uncomfortable for them to acknowledge or talk about a child who is dead, how much more uncomfortable it is to the parent of a child who is dead. We may suggest some special ways to remember the dead child in our family celebration.

Each person may make some statement about how they miss that child or a certain thing they remember about him/her. Or, we might light a special candle on the dining room table or hand a special ornament. This serves two purposes. It is helpful to the bereaved child because it lets him/her know his/her child has not been forgotten and is still, in a special way, a part of the family. And, it helps the non-bereaved children because it clears the air of unspoken

A Holiday To Do List:

As a reflection back on the past 13 (Wow! has it really been that long?!) Christmases, I would like to share some ways that I have handled the holidays, as well as some additional thoughts. This time of the year is bittersweet for me now, as opposed to the first Christmas without my older brother, David. That was the worst.

At any rate, I can handle November and December much better now. I suppose I've learned a little along the way, and gained strength each year. Nonetheless, the anniversary of his death always gets to me. Unfortunately, it falls between Thanksgiving and Christmas on December 9th. Here's my list of suggestions for honoring a sibling whom you have lost, and on simply making it through yourself:

- Hang that stocking. Go ahead. Put up your sibling's stocking. It isn't as though your brother or sister never existed, and isn't still a part of your life.
- Write a poem or letter to your sibling and put it in the stocking.
- Put up a tree, or continue with your holiday traditions. Yes, this is VERY difficult. But for most of our siblings, this was their favorite time of year. Celebrate how blessed you have been to have had your sister or brother for holidays past. Decorate the way THEY would have wanted to, instead of the way you would do it.
- Create a "memory" box. This is simply a box of belongings from your sibling, or pictures of your sibling, etc. Wrap it in festive holiday paper, and put it under your tree if you have one.
- Buy a gift for your sibling. Maybe it is something they truly would have wanted for the holidays, maybe it's something the two of you would have enjoyed together or gotten a good laugh out of. This can be VERY therapeutic.

- Go somewhere that your sibling would have wanted to go--the beach, a movie they would have liked, a favorite restaurant, wherever. "Share" this time with your sibling. This is also good on their birthday. Celebrate that they had a life and that they are a part of yours!
- Bake a favorite holiday goody of your sibling's.
- Get together with your family and cry (and LAUGH – it's OK to do this) at some great family memories from years past that involved your sibling. Share thoughts on great places you may have visited for the holidays, or anecdotes of you and your sibling trying to peek at what your gifts were ahead of time.
- Put together a photo album of your sibling. This could be of your sibling's life in general, or of a specific subject, like the sport your sibling played, or holidays past.
- Give your album to your parents. Cry (and LAUGH!) at the pictures and the memories they generate.

I hope that you are blessed this holiday season, and that my suggestions are helpful. Please know that the holidays get easier with time, and that you WILL make it through, even though it may seem impossible.
Amy Baker Ferry TCF Heart of Florida Chapter
In loving memory of my brother, David

Winter Memories

The days are getting colder,
and the first snow's not too far off.
It used to be so pretty
gently falling from aloft.
But the snow won't be as pretty,
as it gathers on the ground,
'cause there'll be a snowman missing,
my son is not around.
The playing children's laughter,
used to be a special song,
but this year will be different,
without my son to sing along.
The song has lost its music,
and it'll be just another day,
as I gaze down from my window
and watch the children play.
But the snow will again be pretty,
in a far off distant time,
and we'll build snowmen together
and we'll never look behind.
For now, I'll remain with memories,
and the melting snow will fade,
but he builds snowmen to his heart's content,
because he now lives where snow is made.

Jeremiah Sundown -TCF Nashville, TN

OUR CHILDREN REMEMBERED FOR DECEMBER
Birthdays and Always

John Fonsemorti, son of Rose Fonsemorti, 12/2
Sundai Peters, daughter of Arlene and Phil Peters, 12/3
Keven Kuestner, son of Keith and Tammy Kuestner, 12/5
Scott Smakula, son of Shawn Smakula, grandson of Naomi Shaw, 12/7
Joe Caine, brother of Sean and Nina Russo, 12/7
Laura Smith, daughter of Valerie Smith, 12/7
Ashley Doyle, daughter of Brian Doyle, 12/8
Brian Lambert, son of Richard and Alberta Lambert, 12/8
Jason Miller, son of Phil and Pam Miller, 12/10
Arthur Ucci, brother of Joany Ucci, 12/15
Ryan Strauch, son of Dave & June Strauch, 12/17
Christopher Dixon, son of Steve and Kim Dixon and Dawn Heisler, 12/18 - 12/27
Andy Walnes, daughter of Kim Walnes, 12/19
Joseph Cifone III, brother of Garry and Dorothy Neubert, 12/19
Kevin Malloy, son of MaryLou & Brad Wiley, 12/19
Thomas Onraet, son of Ruth & Maurice Onraet, 12/19
Richard "Rich" Lee Hollabaugh, son of Wayne K. and Linda J. Hollabaugh, 12/20
Michael Fayewicz, brother of Sandra Ligowski, 12/20
Kiana Alvarenga, daughter of Tina & Joe Alvarenga, 12/24
Allison Fawcett, daughter of Anne and Bernie Smith, 12/25
Richard Murphy II, son of Richard Murphy, 12/26
Bill Chapman, son of John and Carol Scheetz Sr., 12/29
Terry Harris, son of Kathe McDaniel, 12/31



Our Beloved Children...In our Hearts always... Remembered on the Remembrance Day of their death

Matthew Detweiler, son of Eleanor Detweiler, sibling of Lesley and Phyllis Mikolon 12/2
Alan Roskow, son of Nan Roskow, 12/2
Chad Liles, son of Carl Liles & Susan and John Rowe, 12/5
Beverly Sue Otten, daughter of Mary Leuz, 12/6
Adrienne Heber, daughter of Anna & John Heber, 12/7
Kevin Myers, son of MaryLou Nyce, 12/8
Sean Ryer, son of Pat Ryer, grandson of Diana Adams, 12/12
Nicole Rush, daughter of Harold Conrad Sr, 12/12
Michael Tondera, son of Maria & Steven Tondera, brother of Yvonne Perrucci, 12/13
Finnegan Ward, infant son of Edmund & Carlee Ward , 12/14
Robert Kyle Rainey, son of Lynne Rainey, 12/14
USMC Sgt. Christopher Thomas, son-in-law of Barbara & Eduino Reboratti, 12/15
Robert Dorman Jr, brother of Donna & Greg Rowe, 12/15
Zachary Dawson, son of Paula Applegate & Roger Dawson, brother of Jamie, 12/16
Joseph Vincente, son of Christine & Donald Vincente, 12/17
Brian Keim, son of Ronald & Joan Keim, 12/18
Dwayne Hager, son of Stanley & Ruth Hager Jr, 12/19
Billy Savage, son of Bill & Blanche Savage, sibling of Jennifer, 12/19
Russell Snyder Jr, son of Russell & Sandra Snyder, 12/20
James Fiorelli, son of Rosanne & Steve Fiorelli, 12/20
Jon Masso, son of Claudia & Emanuel Utti, brother of Melissa Fisher, 12/21
Kim Biborosch, daughter of Diane Biborosch, 12/22
David Schaller, son of Raymond Schaller, 12/23
Jesse Miskovsky, son of David & Debra Miskovsky, brother of Courtney Covelens, 12/24
Michael Johnson, son of Donna Freeman & (stepson) of David Freeman, brother of Dorene Elwell, 12/25
Jeremy Gibialante, son of Kim Gibialante & brother of Keith Gibialante & Monica Shumaker, 12/27
Peter Angstadt III, son of Peter & Lynette Angstadt, 12/29
Eric Moyer, son of Ray & Linda Moyer, 12/31

***** UPCOMING MEETING ANNOUNCEMENTS *****

***December 8, 2015—7:30 PM support meeting**

***December 13, 2015 - Candle Lighting 6:30 PM**

***January 12, 2016—7:30 PM support meeting**

Newsletter Update Form The purpose of this section is to update your information, email address, mailing address, phone number, Child's name, sibling's name, birth date and anniversary death date. This information will also help us in remembering your child / sibling on their days with a remembrance card sent to you by our chapter. Any questions contact the newsletter editor at 215-536-0173. Mail to the above address. I am the ___parent ___sibling ___grandparent

Your Name _____ I give permission to remember my child/sibling in the chapter newsletter/

Address _____ website newsletter on their remembrance day and their photo if submitted

_____ Phone # _____

Child / Sibling name _____ birth date _____ anniversary date _____

Child / Sibling name _____ birth date _____ anniversary date _____

If you would like to receive information about our special events, memorial walk and butterfly release, candle lighting etc. via email please provide your email address below. Would you please consider to receive our newsletter via email as a link to a chapter website where you are able to view it before it is mailed to those who do not have email.

___ yes ___ no email address:

_____ PLEASE PRINT

_____ Authorization Signature

_____ Date

LOVE GIFTS

A LOVE GIFT is a gift of money to The Compassionate Friends. It is usually in memory of a child who has died; either on his/her birthday or anniversary of the death. It can also be from someone who wants to honor a friend or relative who has died, or anyone who wants to help support the work of TCF. Your LOVE GIFTS are TAX DEDUCTIBLE, and are the Chapter's main monetary support. Chapter Non-profit #2053

I wish to make a donation in memory _____ honor _____ of _____

**Birth date _____ Death date _____

Love gift message _____

Please send your check payable to: TCF Quakertown Chapter and mail to: TCF Quakertown Chapter, PO Box 1013, Quakertown, PA 18951

I / We would like our Love gift to be used for: _____ Special Events /Speakers/community outreach _____ Memorial Garden

_____ Candle Lighting Program _____ Memorial Walk & Butterfly Release _____ General operating expenses

Your Name _____ email _____

Address _____

_____ Telephone _____



The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown, PA 18951

Meeting Date: December 8, 2015



WE ARE A SUPPORT GROUP FOR PARENTS, SIBLINGS, GRANDPARENTS AND FAMILIES WHO HAVE EXPERIENCED THE DEATH OF A CHILD OR SIBLING OF ANY AGE.

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The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.
The children we mourn have died at all ages and from many different causes,
but our love for them unites us.

Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.
We are a unique family because we represent many races, creeds, and relationships.

We are young, and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh and so
intensely painful that they feel helpless and see no hope.

Some of us have found faith to be a source of strength, while some
of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression,
while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends,
it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves,
but we are committed to building a future together.

We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace,
share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends .(c) 2007