



Quakertown Chapter

servicing Upper Bucks and Montgomery Counties



The Compassionate Friends

Quakertown Chapter

PO Box 1013

Quakertown PA 18951

Chapter Info line: 215-536-0173

Chapter email: tcfquakertownchapter@verizon.net

website: www.tcfquakertownpa.org

The Compassionate Friends National Office

877-969-0010

www.compassionatefriends.org

Eastern PA Regional Coordinators

Bobbie Milne mcfly423@aol.com

Ann Walsh tcfeastrc@yahoo.com

**August
2015**

Quakertown Chapter Founders -Eileen & the late Tim Bolish

Facebook page: Quakertown PA Compassionate Friends

A self-help organization offering friendship, love, and understanding to bereaved parents, siblings, and their families.

"we talk, we listen, we share, we care, we understand"

We extend a special warm welcome to you, the newcomers. We are sorry for the reason you have received our newsletter. We know that it takes courage to attend your first TCF meeting, and it may take three or more meetings for you to feel the benefit of group sharing. We will not offer a "quick fix" or hurry you along in your grief, but we can offer you much needed support, and provide an opportunity for you to meet new friends who are traveling the same path.

SUPPORT GROUP MEETING INFORMATION - Our next support group meeting will be held on **Tuesday, August 11, 2015, 7:30 PM-9 PM at the St Lukes Quakertown Hospital, 1021 Park Ave., Quakertown, PA in Taylor conference rooms A & B.**

BRING A PHOTO OF YOUR CHILD/SIBLING FOR THE REMEMBRANCE TABLE. Bring memoirs / photos of your child/sibling for the birthday table when its their birthday. Tell us about your memories of your loved one...we'll listen, cry and hug with open arms.

2015 Quakertown Chapter Steering Committee

Chapter Leader: Darlene Dusza

215-536-0173 (TCF) (c) 267-374-1171

nanadusza@verizon.net

Treasurer: MaryAnn Kulp

Secretary: Ginny Leigh-Manuell

Assistant Secretary: MaryAnne Macko

Newsletter Editor / Community Outreach

Darlene Dusza

415 Rich Hill Rd

Sellersville PA 18960

215-536-0173

tcfquakertownchapter@verizon.net

Remembrance and thank you cards

Lynette Lampmann Kelly Logan

MaryAnn Kulp Nancy Eisenhart

Ginny Leigh-Manuell Jennifer Pini

UNITED WAY #14064

Greater Lehigh Valley

Hospitality Committee: Carol Graham

Mary Anne Macko Nancy Eisenhart

Committee Members: Linda Stauffer

Bonnie Maurizio Barbara Reboratti
Donna Hesse

Chapter Librarians: Theresa Sitko/Linda Ervin

Email - Telephone Friends

Barb Reboratti - daughter, Allison

death-- result of crime 215-538-0941

victim.advocate@verizon.net

Darlene Dusza - daughter, Michelle

death-- result of auto accident 215-536-0173

nanadusza@verizon.net

Jennifer Pini sibling, Jason

death -- suicide 215-828-3810

dance140@hotmail.com

Crystal Hunter-sibling, Justin

death - medical condition

crys.hunter@gmail.com

614-746-8076 (sibling contact person)

Donna Hesse - daughter, Kisha

death -- result of auto accident

dmhesse150@yahoo.com

Anne and Craig Landis - son, Marc

death - result of suicide

215-536-5143

Collection of Redners Save-A-Tape program

Mail your register save-a-tape slips to our PO box to help our chapter. You may black any debit / credit card numbers, but do not black out the dollar amounts. Remember to use your Pump Perks card for the save-a-tape program. Send complete sales receipt.

PRINTER INK CARTRIDGES

STOP don't throw them away... Save your empty ink cartridges and give to our chapter for recycling. We earn rewards for recycling them and can purchase paper and other items to help cut the costs of printing the newsletters, programs for events etc... Bring to a meeting or an event in a plastic bag and give to Darlene or a member on our steering committee. **NOTE: we are only recycling the small ink cartridges NOT for commercial size copiers/printers.**

Other TCF support group meetings and children support groups etc:

Lehigh Valley Group meets the 2nd Monday of each month on the 2nd floor of Sacred Heart Hospital on Chew St. at 4th St. in Allentown PA at 7 PM Contact: 484-597-0240

Peace Valley Group meets the 3rd Wednesday of each month at Lenape Valley Presbyterian Church at Rt. 202 and Ute Rd, New Britain PA at 7:30 PM; Contact: Karen Kovacs 267-218-5889

Ryan's Tree for Grieving Children, Inc. located in Lehigh Valley, PA, Support for children ages 5-18 who are grieving the loss of a family member or friend. - run programs throughout the year-contact St. Luke's Hospice at 610-997-7120 or Krista.Malone@sluhn.org.

Stepping Stones for children ages 4 -12 years old, has a program for children who are grieving a sibling, parent, etc... Held at: Camelot for Children, 2354 W. Emmaus Ave, Allentown PA 18103 call: 610-969-0330 for more information

Greenshire Arts Consortium Grief and Empowerment Workshops - located in Quakertown - contact: Hillery Woods Siatkowski, NCTMB at 206-552-4229 or email massage@moondogyoga.com for dates and more information

www.kidsaid.com - is a FREE online resource and is a safe place for kids and teens to help each other deal with grief and loss. There are options of email support groups, sharing artwork, poetry, and stories, and a place for parents and kids to ask questions and get answers.

*Kids-to-kids is an email support group for kids ages 12 and under *K2K-teens is an email support group for teens ages 13- 18.

THANK YOU

Thank you to, Jacqueline & Bob Daniel, Ginny Leigh-Manuelli, MaryAnn Kulp, for providing our July refreshments. They do this in remembrance of their children, Melinda, (Jacqueline & Bob), Brian (Ginny), and Tony (MaryAnn).

If you would like to provide refreshments in remembrance of your loved one at a meeting please contact Carol Graham at 215-538-3651. You may also sponsor refreshments for a meeting for a fee of \$30 or more depending on what you would like and the hospital's catering service will set up and provide the drinks and refreshments for the evening. This can be split between more than one family each month.

A special thank you to Mary Ann Kulp, Nancy Eisenhart, Lynette Lampmann, Ginny Leigh-Manuelli, Kelly Logan and Jennifer Pini for the Remembrance and Thank you cards that you receive. They do this in remembrance of their children/ siblings, son, Tony (MaryAnn), daughter, Kelly (Nancy), son, Shawn (Lynette), son, Brian (Ginny), and brother, Jason (Jennifer), Kelly does it in remembrance of all those who have gone too soon. An appreciated Thank You to our members for helping to set up and tear down for our meetings, they do this in remembrance of their children and siblings. A special thank you to St. Luke's Hospital for providing us with our meeting rooms each month.

Thank you to, Betty and Charlie Hottenstein, for taking on the monthly task of assembling our monthly newsletters for mailing, they do this in remembrance of their daughter, Tracy Hottenstein.

Thank you for your Love Gifts and Support

We the parents and families of the Quakertown Chapter of Compassionate Friends would like to send a special Thank You to the following donors. Without their generosity in giving to a good cause we would not be able to continue reaching out to newly bereaved parents and families with our Outreach packet and newsletters.

Mary & Ross Smith & Ashley, In Loving Memory of their son/brother, Eric Smith, 8/21 - 6/12
Happy 28th Birthday, Eric. You are missed more than words can express. Love, Mom, Dad & Ashley

Pat & Harold Hunsicker, In Loving Memory of their daughter, Brenda Meehl, 8/10 - 2/10
Love you & Miss you always

Linda & Rich Ervin, In Loving Memory of their daughter, Crystal Ervin Cordero, 6/10 - 8/26
Love & Miss you more & more everyday. Love Always & Forever, Mom & Dad

Deborah & Ray Vrtis, In Loving memory of their son, Michael Morgan, 8/17 - 4/19



Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain! Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK -- what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Remember also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meeting. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you are able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

Your Friends at TCF Quakertown Chapter

Library Books

We have a nice library of books for our members to check out and read and return them back to our library. A problem we currently have is that some books have not made their way back to our library and our library is shrinking. If you have checked out a book or magazine from our library and are done reading it won't you PLEASE return it to us at our October meeting. If you are not able to make the meeting you may mail it back to us or have someone else return it to us.

Also, if you have any books that would help other grieving families through their journey and would like to donate them to our library please give them to our librarians.

Quakertown Chapter does have a siblings group that meets at various places, days and times. To try and accommodate the surviving siblings that cannot attend a regular meeting because of childcare issues or work schedule etc. Please contact our sibling contact person: Crystal Hunter via email or by phone. Contact info on front page.

Newsletter Errors and Omissions

For any errors or omissions please contact Darlene via email at tcfquakertownchapter@verizon.net with the error and the correction for the next month newsletter.

Please remember we are all volunteers and grieving parents / siblings and we do forget and make mistakes too.

About This Newsletter

This newsletter comes to you courtesy of The Compassionate Friends, Quakertown Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by phone 215-536-0173; or email: tcfquakertownchapter@verizon.net

PLEASE NOTE: If you are moving or your email has changed please notify the newsletter editor so that we can update your information and you continue to receive the newsletter. If the newsletter is returned to us either via mail or your email bounces back and you have notified us you will be removed from the mailing list.

Newsletter submissions:

Submit articles and poetry to the editor by the 15th of the proceeding month. Include the author's name & your contact information. You may mail to our PO Box 1013, Quakertown PA 18951 or email as a pdf file or word document to: tcfquakertownchapter@verizon.net.



SAVE THE DATE.....

2015 Eastern PA Regional Conference

Date: October 9-11, 2015

Where: Hyatt, King of Prussia, PA

Memories



In Loving Memory of
Crystal D Ervin Cordero
June 10 to August 26

On August 26th, it will be your 5 year Angelversary.

Our love for you was a bond so beautiful that we treasure everyday. Together we had all faced both the good and bad times of life. Celebrating the joys in favorable and holding each others hand tightly in unfavorable ones.

With every minute, hour, day, month and year that you are gone, we find reasons to love and miss you more and more each day and forever, until when Dad and I are reunited in heaven with you as a family again.

You were my only daughter that I gave birth to. When I first laid eyes on you, the world stopped. I was humbled by your innocence and beauty. You were my baby girl my little cutie.

I loved to watch you, from morning to night, your eyes sparkling, with your smile so bright.

I vowed to protect and provide for you. There's nothing on earth I would not do. You started to walk, talk, and to read. Little by little, my help you did not need.

From a girl to a woman you began to grow. Please listen, there's something you need to know.

I'm so proud of you, in so many ways.

I love and support you, through out your days.

From empty shells, your that special pearl.

You will always be "My Little Girl."

Love Always & Forever, Mom & Dad



In Loving Memory of
Kisha Hesse
October 8 - August 21

Dear Kisha,

Your mom asked me to write you a letter. I was honored and nervous. How do you write to someone you have never met before, someone who you won't meet in this world but may meet in the next? Your Mom has all your memories, she carries them with her where ever she goes. I feel blessed to be able to hear the memories that she holds in her heart. I love hearing about you.

I don't know what it is like to lose a child or a sibling. I do however know what it's like to lose a mom at a young age. At a time when I needed her the most. I do think God has a plan for everything. That the way things happen is so that other opportunities can happen, no matter how much they hurt. We both have wonderful, beautiful mothers. If I didn't lose my Mom I probably would have never met your mom. I would not be writing to you. I adore her. I am so lucky and blessed to have her in my life and in my Dad's life. She is an amazing woman that I respect and look up to.

I do try to imagine how if things were different what you would be like now. If we would be friends. If on your birthday you would tell me to shut up and eat the Sheperd's Pie that I claim I don't like. haha. I imagine that you are with my Mom. That you both are our angels looking down on us and go where ever we go. I like thinking that.

Please take care of each other up there and we will take care of each other down here until we meet.

Until we meet,

Kelly xo

Broken Heart Syndrome

One afternoon, I was channel surfing looking for something to watch when I came across the Oprah Winfrey Channel. She was interviewing a woman named Madonna Badger. On Christmas Day, 2011, Madonna's 7 year old twins, a boy and a girl, her 9 year old daughter and her parents all died in a horrific house fire. She spoke of the unrelenting grief and sorrow she has suffered in the years since. I was riveted to the television screen as she recanted her story. As she talked, she coined a phrase that I had never heard of before to describe her pain, "Broken Heart Syndrome." It is a temporary condition that is brought on by extreme stressful situations, such as the death of someone deeply loved.

I thought, finally there is a label for the intense pain and suffering that those who grieve feel! Broken Heart Syndrome is an identifiable condition brought on by stressful situations, such as the death of a loved one. Broken Heart Syndrome is also called *takotsubo cardiomyopathy*. Broken Heart Syndrome manifests as a temporary disruption of the heart's normal pumping function or with even more forceful contractions, while the remainder of the heart functions normally. Symptoms can include chest pain and shortness of breath. It effects more women than men. It is attributed to a reaction to a surge of stress hormones.

After my daughter died, I suffered with intense bouts of pain on the outer left muscular wall of my upper torso. An EKG revealed no abnormalities. Seven years later, I still never know when this pain might reoccur. I have however connected my episodes with certain stressors, such as; my child's birth and death dates, holidays and special occasions.

Although doctors are just now learning about this condition, the good news is that broken heart syndrome is treatable and the discomfort should abate with time. If you think you might be suffering from broken heart syndrome, you should discuss it with your physician.

Let us all take care of our own hearts this Valentine's Day.

Janet Reyes
TCF Alamo Area Chapter, TX



For tickets please contact Chapter Leader

Contact: Darlene Dusza
tcfquakertownchapter@verizon.net

215-536-0173

Handmade Quilt



handmade quilted wall hanging



MEMORIAL GARDEN FUNDRAISER

1ST PRIZE - handmade butterfly theme quilt

2ND PRIZE - handmade butterfly theme quilted wall hanging

Only 200 tickets will be sold so your chances of winning are greater

Cost - \$5 per ticket

Winners will be selected on December 13, 2015 at our Annual Candle Lighting - winner does not need to be present

Please ask your family, friends, relatives, co-workers.

Tickets can be purchased at support meetings, other events or you may request tickets to be sent to you. Please return any ticket stubs sold along with payment or tickets not sold by December 1st.

Do You Have Your Child's Pet?

When my daughter was growing up we would foster sick, injured and dying cats for a local non-profit animal league. So it came as no surprise that when she got her first apartment, one of the first things she did was to adopt a big, loveable male tabby cat from the local animal control facility. I was not very happy about it at the time. After all, she needed to concentrate on school and other things, but she loved "Zeke" with all her heart, so I melted and let her have her way. One day a couple of years later she came rushing through the door with two of the dirtiest, scrawniest little kittens that I had ever seen in my life. Even the edges of their little ears were sunburned. She cried, "Mom, somebody dumped them on the side of the road in a box and I just couldn't leave them!" I said O.K., but tomorrow they go to the animal league to find homes. Well the next day came and the shelter was full. The only other option was the pound and she refused to take them there to possibly meet an even worse fate than they had already endured. My daughter now had three cats. When she died, I didn't know what to do with her beloved kitties. All I knew was that I had to make sure they went to wonderful homes with people who would love them as much as she did. I took the least adoptable one home with me much to the displeasure of my resident shorthaired black cat who loved people but detested other animals. "Meadow" whose name was derived from being found by an open field, was a cute shorthaired tabby and white kitty with an orangey pink nose, and a tummy that looked like a kangaroo pouch due to an improper spaying that required a subsequent second surgery. My son called the shelter where we had volunteered for so many years and it was there where we received our first miracle. An older couple had just come in looking for an older male cat. They gave us their number and we called them right away. The couple rushed over to meet Zeke, fell in love with him and happily took him home. Now there was only one kitty left to find a home for. "Boon" received her unusual name because my daughter said she was a blessing. She was a very beautiful longhaired smokey colored tabby that had big green eyes with unusual blue rings around the outside edges. A dear friend of mine who also fostered cats heard about our tragedy and told me that she would take the kitty sight unseen. It was another miracle! These wonderful little miracles happened within just a couple of days after my daughter's car accident. When the police released her belongings to us, I took her purse home placed it on the bed and left it to tend to other things. When I came back a little while later Meadow was curled up in the middle of the purse where she slept soundly the rest of the day. She missed Angela. It's been over four years now and I still get Christmas cards with pictures of her kitties from these wonderful angels here on earth who took them in and gave them wonderful homes with lots of love. As I am writing this, Miss Meadow is curled up on the desk chair behind me where I'm sitting, cuddled up snugly against the small of my back, sleeping and purring softly like she always does when I'm working in my office, and I wouldn't have it any other way. It gives me great comfort to care for and love this precious little cat that my daughter rescued and loved so much.

Janet G. Reyes, TCF Alamo Area Chapter, TX
In Memory of my daughter Angela

Please Don't Discount Sibling Grief

I have come to think of sibling grief as "discounted grief." Why? Because siblings appear to be an emotional bargain in most people's eyes. People worry so much about the bereaved parents that they invest very little attention in the grieving sibling.

My personal "favorite" line said to siblings is, "You be sure and take care of your parents." I wanted to know who was supposed to take care of me, I knew I couldn't.

The grief of siblings may differ from that of a parent, but it ought not to be discounted. People need to realize that while it is obviously painful for parents to have lost a child, it is also painful for the sibling, who has not only lost a sister or brother, but an irreplaceable friend.

While dealing with this double loss, he or she must confront yet another factor: The loss of a brother or sister is frequently the surviving sibling's first experience with the death of any young person. Young people feel they will live forever. A strong dose of mortality in the form of a sibling death is very hard to take.

The feelings of sibling are also often discounted when decisions are being made on things ranging from a funeral plan to flower selections. Parents need to listen to surviving siblings who usually know a lot about the tastes and preferences of the deceased.

Drawing on the knowledge that surviving siblings have about supposedly trivial things, such as favorite clothes or music, can serve two purposes when planning funeral or memorial services. First, their input helps ensure that the deceased receives the type of service he or she would have liked. Second, their inclusion in the planning lets them know they are still an important part of the family.

I realize that people are unaware that they are discounting sibling grief. But then, that's why I'm writing this, so people will know.

Jane Machado
TCF Tulare, CA



River Reflections

I just got back from a river rafting trip, where I found myself thinking about my brother a lot. He died 16 months ago of an overdose of morphine. I don't know why it happened; it happened. I didn't see the beginning of his life—he was three years older, but I saw the end. I can look at it now and see it in its entirety—his 33 years of living that I so much counted on and expected to last another 70 or 80 years. I thought I would always have him to talk to—about life, about family, and about ourselves.

The river was a meditative place for me. The rhythm of the oars, the gentle motion of the raft, the shore gliding by, the gurgle of the water as it seeped into and back out of our raft—all of this provided just enough stimulation and was hypnotic enough that I didn't want to do anything but sit and think. For a few days on the river, I floated without any of my day-to-day concerns, without the usual level of tension standing behind me.

What rose to the surface, visible in the clear water of my mind after the silt of all my worries sank to the bottom, were thoughts of my brother. Nat would have liked this trip. The rough beauty of the terrain and the quiet power of the water would not have been lost on him. He would have noticed the beauty of the full moon and the light on the canyon walls as the sun rose and set.

I have felt a lot of anger at him for dying, for taking his own life, for engaging in an activity so dangerous, for playing Russian roulette, for committing suicide. He left no note, he didn't say good-bye; he left a wife and two sons whom he loved very much but who, like me, were not enough to keep him alive. It wasn't the anger, though, that I felt on the river. I just remembered him.

Grief is at its sharpest when, after a death, he all of a sudden flashes into focus so real and so present that I can hear his voice as if he has just spoken to me. I can imagine the scent of his hair, remember the texture of his face as I touch it, and I can see him walking and talking as if he were only there a moment ago. At these times, the grief flares up; the wound feels fresh and sharp with memories of the love, the charm, and the grace. I realize both with gratitude and with anguish for the wound this reality carries, that he is not someone I can let go. These memories will come to me for the rest of my life. He is truly a part of me. He is mixed up in my blood and my bones and the electrical impulses of my brain. And in whatever way all of these things go together to form a soul, he is a part of that too. There is no escaping him. This is the gift and the price of love—it doesn't end.

My brother was there in the river's sand and mud, in the full moon, the constantly flowing cold water, the clear dry air, the red canyon walls, and the blue sky. And he

was there in me. And I was there, alive and more appreciative than I would have been before he died. I was more aware of my connection to my surroundings—that one day my body will be river mud, water, and bones like driftwood. What form my love will take then, I don't know. Maybe if there is a river and desert light offering delight to someone's senses, that will be enough. I don't know.

Emily Moore
TCF Los Angeles, CA
In Memory of my brother, Nat



Should We Have a Credo for Friends?

We are the friends of those who lost their children to death. We want to be part of your grieving by helping you, our friends, through this very difficult time. We do not know what to say and might inadvertently say the wrong thing. We need you to help to tell us when this happens. Most of all, we want you to know that we hurt with you. You are our friends and we feel helpless. We do not want to force you to hurry with your grieving, but we want you to make us part of it. We do not know your pain and hope that we never will, but we feel your pain because we care for you. We are here to listen, so you may talk to us about your loved one. If we were not privileged to know your child, tell us about your child so we also understand the special person he or she was. Most of all, trust us, we are here when you need us. We will not ask you to show a happy face when sadness is in your heart. We will not diminish your grief by uttering useless phrases like "God must have wanted your child more than you." We know that in time we will once again see you smile. But we are willing to wait until you are ready. We are "The Friends of those who Grieve" and we have compassion for your loss.

Karin Powell
TCF Volusia/Flagler, FL

OUR CHILDREN REMEMBERED FOR AUGUST Birthdays and Always

Tommy Snyder, son of Dr. Carolyn Rutherford, stepson of Gary Reese, brother of Dr. Tara Snyder, 8/1

Jennifer Wenhold, daughter of Jeff & Wendy Wenhold, 8/2

Eric Gotwals, son of Gary & Anne Gotwals, 8/4

James Monahan II, son of Kim Kleinsmith, 8/4

Daniel Murphy, son of Merry Murphy, 8/7

Jeremy Nase, son of Carol Nase, 8/7

Jamie Stewart, son of Jim & Beverly Stewart, brother of Sherrie, 8/8

Petie Shultz, son of Maria Shultz, brother of Nathan and Maria, 8/10

Tom O'Donnell, son of Thomas and Susan O'Donnell, 8/10

James Bowen III, son of James and Catherine Bowen Jr., 8/10

Brenda Meehl, daughter of Pat and Harold Hunsicker, 8/10

Tara Sciss, daughter of Todd Sciss, 8/12

Sgt. Christopher Thomas, son-in-law of Barbara and Ed Reboratti, 8/12

Derick Schubert, son of Anne & John Schubert, 8/13

Trevor Baelz, son of Marsha Leavy, 8/13

Austin Fenstermacher, son of LoriAnn Kramer and David Fenstermacher, 8/14 - DOD 8/14

JanaLee Snedeker, daughter of Dave Snedeker, 8/15

Christopher Ulmer, son of Trish and Jim Ulmer, 8/16

Michael Morgan, son of Deb and Ray Vrtis, 8/17

Zachery Roessler, son of Chuck Roessler, 8/18

Amy Cyan Spier, sister of Sue O'Donnell, 8/18

Eric Smith, son of Ross & Mary Smith, brother of Ashley, 8/21

Erika Thomas, daughter of Thomas and Peggy Delpopolo, 8/22

Alison Gilmore, daughter of Susan Slawek, 8/24

Mike Hicks, twin brother of Kathy Hicks, 8/26

Douglas Hofmacker, son of Marie and Ken Hofmacker, 8/27

Kimberlee Godshall, daughter of Terry and Fairlie Godshall, 8/29

Eric Moyer, son of Ray & Linda Moyer, 8/29

Robert Bozarth, son of Irene Kelly and William Worthington, 8/31 - 8/18

Bobby McCans, son of Dorothy and Charles McCans, 8/4

John Roeder Sr., son of Don & Joan Roeder, brother of Kerri Garges, 8/4

Dustin Stauffer, infant son of Glenn & Sandra Stauffer, 8/8

Jim Roberts III, son of Sue and Jim Roberts, DOB 8/25 - DOD 8/8

Keven Kuestner, son of Keith and Tammy Kuestner, 8/9

Wayne Stokes, son of Scott and Ellen Stokes, 8/9

Cynthia Bengel, daughter of Robert and Cheryl Bengel, 8/12

Jason Pini, brother of Jennifer Pini, 8/12

Bradford Krenitsky, son of Don & Deb Krenitsky, 8/12

Sean Buehrle, son of Kathy Buehrle & grandson of Laura Buehrle, 8/12

Robert Tarr, son of Robert & Susan Tarr, 8/12

Brian Wensel Jr., son of Michelle Lauzan-Wensel and Brian Wensel Sr., grandson of Leory and Dawn Wensel, 8/13

Todd Iatarola, son of Rhonda Iatarola, 8/13

Alexandria Gasior, daughter of Linda & Dan Brophy & Ellen & Duke Misnik, 8/13

William Scott III, son of Ruth Scott, 8/15

James McKale, grandson of John and Winifred McKale Jr, 8/17

Thomas Richards, grandson of Jean Hellerman & Theresa Richards, 8/17

Lynn Gross, daughter of Jean Werst, sister of David Werst, 8/17

David Trump, son of Laura Trump, 8/18

Jason Orlick, son of Teri Orlick, 8/18

Terry Harris, son of Kathe McDaniel, 8/19

Daniel Lavery, son of Karen Kovac & Daniel Lavery, brother of Meghan Lavery, 8/19

Kisha Hesse, daughter of Donna Heese & Carl Heese, sister of Brienne Fretz & Ryan Schultz, grand daughter of Don Deetz, 8/21

Ryan Mitman, son of Victoria and James Weisbrod, 8/21

Kinsey Duvall, son of Craig & Pat Duvall, 8/21

Justin Hawkes, son of Norm & Dorrie Hawkes Jr, 8/22

Kevin McFadden, son of Phillip Sr. & Kathleen McFadden, 8/25

Kevin Villante, grandson of Joe & Cecilia Villante, 8/25

Cpl. Barton Humlhanz, son of Michele and Don Carey, 8/26

Crystal Cordero, daughter of Linda and Rich Ervin, 8/26

Paul Swope, son of Marge Swope, 8/27

Austin Jacobs, son of Penny Jacobs, 8/27

Peter Hallinan, son of Carol and Tom Hallinan, 8/28

Robert Kalbfleisch, son of Kurt & Deb Kalbfleisch, grandson of Don & Joan Kalbfleisch, brother of Rebecca, 8/28

*and all the children that will never be forgotten as we celebrate their lives and memories**

Our Beloved Children...In our Hearts always... Remembered on the Remembrance Day of their death

Joseph Cooper, son of Edith Cooper, 8/2

Sarah Sylvester, daughter of Paul & Lenore Darkes, 8/2

James Layton, son of Barbara and James Layton Sr, 8/2

Ryan McGuinness, son of Tim McGuinness, 8/2

* * * * * UPCOMING MEETING ANNOUNCEMENTS * * * * *

- *August 11, 2015 - 7:30 PM general meeting
- *August 25, 2015 - 7 PM steering committee meeting at Quakertown Family Diner
- *September 8, 2015 - 7:30 PM general meeting
- *October 9, 10, 11, 2015 - Eastern PA Regional conference
- *December 13, 2015 - Candle Lighting

Newsletter Update Form The purpose of this section is to update your information, email address, mailing address, phone number, Child's name, sibling's name, birth date and anniversary death date. This information will also help us in remembering your child / sibling on their days with a remembrance card sent to you by our chapter. Any questions contact the newsletter editor at 215-536-0173. Mail to the above address. I am the ___parent ___sibling ___grandparent

Your Name _____ I give permission to remember my child/sibling in the chapter newsletter/
 Address _____ website newsletter on their remembrance day and their photo if submitted
 Phone # _____
 Child / Sibling name _____ birth date _____ anniversary date _____
 Child / Sibling name _____ birth date _____ anniversary date _____

If you would like to receive information about our special events, memorial walk and butterfly release, candle lighting etc. via email please provide your email address below. Would you please consider to receive our newsletter via email as a link to a chapter website where you are able to view it before it is mailed to those who do not have email.

___ yes ___ no email address: _____

PLEASE PRINT

Authorization Signature _____

Date _____

LOVE GIFTS

A LOVE GIFT is a gift of money to The Compassionate Friends. It is usually in memory of a child who has died; either on his/her birthday or anniversary of the death. It can also be from someone who wants to honor a friend or relative who has died, or anyone who wants to help support the work of TCF. Your LOVE GIFTS are TAX DEDUCTIBLE, and are the Chapter's main monetary support. Chapter Non-profit #2053

I wish to make a donation in memory _____ honor _____ of _____

**Birth date _____ Death date _____

Love gift message _____

Please send your check payable to: TCF Quakertown Chapter and mail to: TCF Quakertown Chapter, PO Box 1013, Quakertown, PA 18951

I / We would like our Love gift to be used for: _____ Special Events /Speakers/community outreach _____ Memorial Garden

_____ Candle Lighting Program _____ Memorial Walk & Butterfly Release _____ General operating expenses

Your Name _____ email _____

Address _____

Telephone _____

LOVE GIFTS

If you would like to remember your loved one in our newsletter and make a donation to help support the group please fill in the form and mail it in by the 15th of each month for the next months newsletter. Information and love gift must be received by above date to insure it to be in the next month's newsletter. Any love gifts received after the above date will be mentioned in the following month's newsletter. Thank you, The Newsletter Editor



The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown, PA 18951

Meeting Date: August 11, 2015



WE ARE A SUPPORT GROUP FOR PARENTS, SIBLINGS, GRANDPARENTS AND FAMILIES WHO HAVE EXPERIENCED THE DEATH OF A CHILD OR SIBLING OF ANY AGE.

If you do not wish to receive this newsletter. Please return this page to the above address.

The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

The children we mourn have died at all ages and from many different causes,
but our love for them unites us.

Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races, creeds, and relationships.

We are young, and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh and so
intensely painful that they feel helpless and see no hope.

Some of us have found faith to be a source of strength, while some
of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression,
while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends,
it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves,
but we are committed to building a future together.

We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace,
share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends .(c) 2007