



Quakertown Chapter

servicing Upper Bucks and Montgomery Counties

The Compassionate Friends National Office
877-969-0010

www.compassionatefriends.org

Eastern PA Regional Coordinators

Bobbie Milne mcfly423@aol.com

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Quakertown Chapter Founders -Eileen & the late Tim Bolish

Facebook page: Quakertown PA Compassionate Friends

December 2013 newsletter

The Compassionate Friends

Quakertown Chapter

PO Box 1013

Quakertown PA 18951

Chapter Info line: 215-536-0173

Chapter email:

tcfquakertownchapter@verizon.net

website: www.tcfquakertownpa.org

A self-help organization offering friendship, love, and understanding to bereaved parents, siblings, and their families.

WE TALK, WE LISTEN, WE SHARE, WE CARE, WE UNDERSTAND

We extend a special warm welcome to you, the newcomers. We are sorry for the reason you have received our newsletter. We know that it takes courage to attend your first TCF meeting, and it may take three or more meetings for you to feel the benefit of group sharing. We will not offer a "quick fix" or hurry you along in your grief, but we can offer you much needed support, and provide an opportunity for you to meet new friends who are traveling the same path.

SUPPORT GROUP MEETING INFORMATION - Our next support group meeting will be held on **Tuesday, December 10, 2013 7:30 PM-9 PM** at *the St Lukes Quakertown Hospital, 1021 Park Ave., Quakertown, PA in Taylor conference rooms A & B.*

BRING A PHOTO OF YOUR CHILD/SIBLING FOR THE REMEMBRANCE TABLE. Bring memoirs / photos of your child/sibling for the birthday table when its their birthday. Tell us about your memories of your loved one...we'll listen, cry and hug with open arms.

2013 Quakertown Chapter Steering Committee

Chapter Leader

Darlene Dusza

215-536-0173

nanadusza@verizon.net

Treasurer

MaryAnn Kulp

Secretary

Crystal Hunter

Assistant Secretary

MaryAnne Macko

Newsletter Editor / Community Outreach

Darlene Dusza

415 Rich Hill Rd

Sellersville PA 18960

215-536-0173

tcfquakertownchapter@verizon.net

Remembrance and thank you cards

Gail Ketterer

Crystal Hunter

Kelly Ferdock

MaryAnn Kulp

Ginny Leigh-Manuell

Jennifer Pini

Hospitality Committee

Carol Graham

Mary Anne Macko

Committee Members

Linda Stauffer Bonnie Maurizio

Barbara Reboratti

Karen Lavery Linda Ervins

Chapter Librarian

Donna Hesse

Theresa Sitko

Email - Telephone Friends

Barb Reboratti - daughter, Allison

death-- result of crime

victim.advocate@verizon.net

215-538-0941

Darlene Dusza - daughter, Michelle

death-- result of auto accident

nanadusza@verizon.net

215-536-0173

Jennifer Emberger sibling, Jason

death -- suicide

dance140@hotmail.com

215-828-3810

Crystal Hunter-sibling, Justin

death - medical condition

crys.hunter@gmail.com

614-746-8076 (sibling contact person)

Melissa Fisher- sibling, Jon

death-- result of medical condition/care

melissa2539@gmail.com

215-880-4148

Donna Hesse - daughter, Kisha

death -- result of auto accident

dmhesse150@yahoo.com

Anne and Craig Landis - son, Marc

death - result of suicide

215-536-5143

Collection of Redners Save-A-Tape program

Mail your register save-a-tape slips to our PO box to help our chapter. You may black any debit / credit card numbers, but do not black out the dollar amounts. Remember to use your Pump Perks card for the save-a-tape program. **Send complete sales receipt.**

PRINTER INK CARTRIDGES

STOP don't throw them away... Save your empty ink cartridges and give to our chapter for recycling. We earn rewards for recycling them and can purchase paper and other items to help cut the costs of printing the newsletters, programs for events etc... Bring to a meeting or an event in a plastic bag and give to Darlene or a member on our steering committee.

Other TCF support group meetings and children support groups etc:

Lehigh Valley Group meets the 2nd Monday of each month on the 2nd floor of Sacred Heart Hospital on Chew St. at 4th St. in Allentown PA at 7 PM Contact: 610-462-1892

Peace Valley Group meets the 3rd Wednesday of each month at Lenape Valley Presbyterian Church at Rt. 202 and Ute Rd, New Britain PA at 7:30 PM; Contact Bill or Linda Hendrix 215-822-1343

Ryan's Tree for Grieving Children, Inc. located in Lehigh Valley, PA, Support for children ages 5-18 who are grieving the loss of a family member, or friend. - Is currently not offering services contact St. Luke's Hospice at 610-997-7120 or Krista.Malone@sluhn.org.

Stepping Stones for children ages 4 -12 years old, has a program for children who are grieving a sibling, parent, etc... Held at: Camelot for Children, 2354 W. Emmaus Ave, Allentown PA 18103 call: 610-969-0330 for more information

Greenshore Arts Consortium Grief and Empowerment Workshops - located in Quakertown - contact: Hillery Woods Siatkowski, NCTMB at 206-552-4229 or email massage@moondogyoga.com for dates and more information

www.kidsaid.com - is a FREE online resource and is a safe place for kids and teens to help each other deal with grief and loss. There are options of email support groups, sharing artwork, poetry, and stories, and a place for parents and kids to ask questions and get answers.

Kids-to-kids is an email support group for kids ages 12 and under

K2K-teens is an email support group for teens ages 13- 18.

THANK YOU

Thank you to Carol Graham, Becca Scheck and Sherri & Bob Albro for providing our November refreshments. They do this in remembrance of their children, Carol (Adam and Peter), Becca (Jaime), Sherri & Bob (Ben).

If you would like to provide refreshments in remembrance of your loved one at a meeting please contact Carol Graham at 215-538-3651. You may also sponsor refreshments for a meeting for a fee of \$30 or more depending on what you would like and the hospital's catering service will set up and provide the drinks and refreshments for the evening.

A special thank you to Mary Ann Kulp, Kelly Ferdock, Gail Ketterer, Ginny Leigh-Manuell, Crystal Hunter and Jennifer Emberger for the Remembrance and Thank you cards that you receive. They do this in remembrance of their children/ siblings, son, Tony (MaryAnn), son, Steven (Gail), son, Cole (Kelly), son, Brian (Ginny), brother, Justin (Crystal) and brother, Jason (Jennifer). An appreciated Thank You to our members for helping to set up and tear down for our meetings, they do this in remembrance of their children and siblings. A special thank you to St. Luke's Hospital for providing us with our meeting rooms each month.

Thank you to, Betty and Charlie Hottenstein, for taking on the monthly task of assembling our monthly newsletters for mailing, they do this in remembrance of their daughter, Tracy Hottenstein.

Thank you for your Love Gifts and Support

We the parents and families of the Quakertown Chapter of Compassionate Friends would like to send a special Thank You to the following donors. Without their generosity in giving to a good cause we would not be able to continue reaching out to newly bereaved parents and families with our Outreach packet and newsletters.

Phil and Arlene Peters, In Loving Memory of thier daughter, Sundai Marie Peters, Dec 3 - Apr 24

We will always Love you, our little darling girl

Beth Horwin. In Loving Memory of her son, Michael Leach

Remembering you always...

Linda Ervin, In Loving Memory of her daughter, Crystal (Ervin) Cordero, June 10 - Aug 26

We wish we could climb into a picture of you and give you a hug. Love Mom & Dad

Jim & Helen Geib, In Loving Memory of their son, James G Geib

We Love & Miss you, every day...

Blanche & Bill Savage, In Loving Memory of her son, Bill Savage, Dec 19

Dearest Bill, we pray you are happy beyond anything we can imagine! Love Always



Self-help Program

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain!. Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To our Members who are further down the "GRIEF ROAD"

We need your encouragement and your support. Each meeting we have new parents. THINK BACK -- what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

Information Regarding Our Meetings

PLEASE don't stay away from a meeting because the topic scheduled does not interest you. We are here to discuss whatever is on your mind, we don't stay on the topic only. This is YOUR group and we are here for each other. You do not have to talk at meetings. We welcome your participation in our group but it is not a requirement. Coming to listen to the others is Okay too. Remember also that our meeting is open to adult siblings, grandparents, or adult family members such as aunts or uncles.

Support Group Meetings

We are so sorry for the cause that brings us together. It takes courage to attend a Compassionate Friends support group meeting. We understand how it feels to walk into a room of strangers and share personal feelings, especially when you are in so much pain. At your first meeting, we hope you find care, support, understanding and a group of friends to share with. Truly, there are no strangers among compassionate friends.

As a reminder to families that would like to attend a support meeting. Please allow yourself at least 3 or 4 meetings of attendance to determine if they are for you. It may take a few meetings before you are able to talk about your loved one and that is understandable. What you say at our meetings is kept in the meeting, you can cry, hug, talk about how you are feeling freely. Our meetings are for parents, grandparents and siblings in grade 9 or above and adult siblings.

Your Friends at TCF Quakertown Chapter

Heaven's Recipes

This is open to everyone - PLEASE send in recipes

We would like to compile a cookbook of our children's and siblings favorite foods to share with our parents and families. If you would like to contribute a few recipes to our cookbook please send complete ingredients with measurements, mixing instructions, baking instructions, category it would be listed in etc... along with your name and who its in memory of, and the TCF chapter you are affiliated with if not the Quakertown PA chapter. **We welcome recipes from any of the TCF chapters and families.** You may send more than 1 recipe in...categories are -- appetizers, main dishes, salads, desserts, cookies, cakes, pies, beverages, etc.

Send recipes by email as a word document or PDF file to:

tcfquakertownchapter@verizon.net or mail to:

Compassionate Friends - Quakertown Chapter

Att: Cookbook

PO Box 1013

Quakertown PA 18951

2014 Quakertown Chapter officers and committees have been voted on at our November steering meeting.

Chapter leader - Darlene Dusza

Treasurer - MaryAnn Kulp

Secretary - Ginny Leigh-Manuell (congratulations)

Assistant Secretary - Mary Anne Macko

Quakertown Chapter does have a siblings group that meets at various places, days and times. To try and accommodate the surviving siblings that cannot attend a regular meeting because of childcare issues or work schedule etc. Please contact our sibling contact person: Crystal Hunter via email or by phone. Contact info on front page.

My Constant Companion

Grief is my companion,
It takes me by the hand,
And walks along beside me
in a dark and barren land.

How long will this lonesome journey last,
How much more can my weary heart bear?
Since your death, I've been lost in the fog,
Too burdened with sorrow and care.

People tell me my sadness will fade,
And my tears will reach their end.
Grief and I must complete our journey,
And then maybe I'll find happiness again.

Memories ...



*In Loving Memory of
Crystal D. (Ervin) Cordero
June 10 - August 26*

It's been three years you are gone and our fourth holiday without you our darling daughter, Crystal.

It's harder for me this year and I wish I knew why. I found this lovely poem in memory of you and all our loved ones all over the world for this Holiday Season.

"Love Leaves A Memory"
Those we love don't go away,
They walk beside us everyday.
Unseen, unheard, but always near,
still loved, still missed and very dear.
For death leaves a heartache
"no one can heal,"
And Love leaves a Memory
"No one can steal."

Author Unknown



We sill always love and miss you, Crystal.

Love,
Always & Forever
Mom, Dad, & family

Submitted By: Linda Ervin-TCFQuakertown PA



Memories of Our Children

Are Like a Rose



When a child dies
our memories are held tightly with lots of pain,
just like the tightly folded petals of the rose
but with the many thorns and pricks causing pain.
As we talk about our child
and share memories with others,
we begin to open ourselves to healing
as the rose petals start to open ever so gradually.
Just as a rose becomes more beautiful as it blooms,
so do the memories of our child.
Yes, the thorns are still there
and will hurt when touched,
but oh how beautiful the rose
and oh, how beautiful the memory of our children!

Share the memory of your child,
so that memory can start to bloom to become as beautiful as
the rose.

By Julie Timmerman
TCF, Tulsa, OK

A Butterfly Hovers Closely

(Author Unknown)

A butterfly hovers closely
And then quickly moves away,
Swiftly going where so ever
Her heart may freely say.

A butterfly lowers and rises
With the winds's gusty breath,
As if coupled within a dance
Of a loving tenderness.

The butterfly only knows
How it feels to have wings,
To kiss the petals of flowers
In such elegant flutterings.

To have but one moment
Of such an exquisite flight,
Would be like a dream
Where all seems so right.



The Compassionate Friends-Quakertown Chapter
11th Annual Worldwide Childrens
Memorial Candle Lighting

Date: Sunday, December 8, 2013

Time: 6:30 PM

**Place: First United Church of Christ, 151 S. 4th St
(corner of Park Ave & 4th St) Quakertown PA 18951**

bring a dry staple or canned good for the food pantry

Seven Facts to Get You Through Grief This Holiday Season

Here are seven facts to remember this holiday season when you are dealing with the loss of a loved one:

- ♥The experience of dreading the holidays is usually worse than experiencing the actual days. Don't worry about things that could happen or could be awful before they even can happen. More than half of what you imagine will go wrong probably won't.
- ♥You can do the holidays different this year if doing them the same is painful for you. Make new meaningful traditions. You can go back to the old traditions in later holiday seasons if you want to.
- ♥Just because your holidays will never be the same doesn't mean your experience of the holidays ahead can't be filled with joy and meaning.
- ♥The holidays will never be "perfect" and neither will you. Lower your expectations of others and yourself. High expectations of the holidays sets us up for failure and disappointment.
- ♥Remembering the real reasons for observing the holidays will make your holidays more meaningful. (1) Observe the holidays in a way that reinforce your belief system and (2) Work to enjoy the company of those who are significant in your life and let them know how important they are to you.
- ♥Your loved one would want you to enjoy yourself during the holidays.
- ♥What you learn from going through the holidays this season will help you get through future holiday seasons.

griefministerdot.com

Larry M. Barber, LPC-S, CT author of the grief survival guide "Love Never Dies: Embracing Grief with Hope and Promise"

First Christmas

It can't possibly be Christmas
without her being here.
Yet the world is singing round me,
joyful tidings and good cheer.

Though I try to put on armor
and brave the sights and sounds,
a few moments worth of shopping,
and the tears are spilling down.

I pray for strength to do it,
find a path through holidays,
look for shortcuts, good ideas,
some directions through the maze.

Then I find at last the answer:
I'll include her symbolically.
And the giving becomes perfect;
her love's flowing down, through me.

Genesse Bourdeau Gentry
from *Stars in the Deepest – After the Death of a Child*

Candles in the Night

Candles flame in darkness,
flicker, steadily glow,
bringing light from shadows
and help to soothe me so.

My daughter, like the candles,
gave my life true light.
I use the candle's beacon
to connect us in the night.

As I light the candles,
my wish and my request
is that she'll see my signal
and know my love's expressed.

As her light joins my lights,
our worlds touch and flame.
As I snuff out the candles,
I softly say her name.

Genesse Bourdeau Gentry
from *Stars in the Deepest – After the Death of a Child*

AFTER THE FIRSTYEAR

1. After the first year,

The pain changes from a crushing weight

To a wickedly cutting edge.

Time speeds up from grinding plodding

To a more normal routine

And sometime you can forget (for a moment)

That your whole life was destroyed

Just last year.

2. After the first year

You start to remember the good times

And you can tell a funny story about your child

And save the crying for later,

But sometimes it seems like you're the only one left who mourns.

" What's the matter with you anyway?"

" It's been a whole year."

3. After the first year your child seems a little closer

and yet still so far away.

miracles of miracles, you haven't forgotten

How he walks, his voice, the shape of his head

Or the solid warmth of his fingers curving around yours.

Those memories ambush you at many unlikely moments

And tear you apart.

4. After the first year,

your heart begins to thaw.

You remember that you once loved your surviving children

And you love them again.

You remember that life used to hold,

And you rediscover some small enjoyment in living.

5. After the first year

You pick up your burdens and go on.

Amazingly you have survived a blow more painful than anything

You ever imagine.

Even though you wish you could have died too,

it slowly dawns on you that you must still live

because after the first year comes the second year.

By Liz Ford- TCF, Madison, WI



There are No Decorating Police

by Nancy Weil

Legacy.com

The Christmas season is here. This cannot be denied. Stores are decked out in their holiday finest. Christmas tunes accost us everywhere we turn. Frosty the Snowman and Rudolph are showing on the television. We can get our yearly fix of It's a Wonderful Life on Turner Classic. Yet somehow we don't feel in the holiday spirit. We just cannot get ourselves to be jolly or merry. We don't need the Grinch to steal our Christmas, grief has done that for us.

All of those traditions and simple ways we marked the holiday now don't seem so important. The tree sits in the attic where we left it last January. The lights are in their box in the garage and the wreath has yet to make it out of the basement. We just don't have the desire to decorate. We feel like we should do something, but our hearts are just not into it this year.

Here is a radical suggestion: Don't. Don't put up the big tree this year. Maybe get a small tabletop one or a smaller easier to assemble type or don't put up a tree at all. Don't put up the lights inside or out. Leave the wreath where it is and the windows and doors bare. The fireplace mantel can remain garland free and stocking-less. There are no decorating police who will come to your house and inspect it for its Christmas cheer. Martha Stewart is not going to judge you for your lack of red and green décor. So stop putting additional pressure on yourself to do something you just don't have the energy or desire to do.

Instead visit friends' homes or drive around the neighborhood and enjoy everyone else's lights. As I watched my neighbor standing precariously on a ladder far above the ground trying to string his lights across the gable of his roof line, I was glad that it wasn't me risking my life for a few twinkling evenings. I vowed to re-visit his home at night to enjoy his labors, but I am not feeling any pressure to match his festive feats. In fact I saw a great photo on Facebook that shows a house all decked out in lights and the house next door strung some lights that simply said, "Ditto."

Ditto – that is all you need to say. I will enjoy your efforts, but I cannot bring myself to do this for myself this year. So you bring the lights, the trees, the wreaths, the blow-up Santas and boughs of holly and I will look at it all and enjoy it and simply state that this year is my "ditto" year.

good help

grief & the holidays: a survival guide

At some point in life, everyone will experience grief. During the holiday season, when everyone expects you to be happy or at least act happy and join in the festivities of the season, the added pressure and stress can make grieving even more difficult.

Whether you're grieving the loss of a loved one or are the friend, coworker, neighbor or family member of someone who's grieving, here are a few tips to get you through.

For the boss/coworker/neighbor of someone who's grieving:

A little acknowledgement goes a long way

When confronted by a situation where a good friend, coworker or other such associate is grieving during the holiday season, a little acknowledgement can go a long way in an already alienating environment. Express your sympathy honestly and openly. And while someone who is grieving may choose not to attend, it's still important to extend the invitation to regular holiday activities like lunches and office parties.

Have a little faith in me

Trust in the decision of someone who's grieving. Despite their world being turned potentially upside down, it's critical that you trust their judgment and not push them to join in on the fun at an office party because YOU think "it will be good for him/her." Listen to them when they say, "Thanks, but I'm just not ready yet."

Use the deceased's name

Often there's a fear about saying the name of the person who's died; as if somehow saying the name will cause more pain. However, phrases like, "So sorry for your loss," and even using only pronouns like, "She was so wonderful," and "He will be truly missed," tend to negate the person's existence in the first place.

For the person grieving:

You don't have to

If certain family traditions are making you uncomfortable this year don't do them. For instance don't carve the turkey if you don't want to, or don't sing along if you don't want to. Be careful not to throw out all your traditions, but don't be afraid to drop some either. You can always pick them up again later.

Drop before you shop

Feeling overwhelmed by a long gift list – 12 days of Christmas, 8 days of Hanukkah, or everyone seems to have been born in the same month!! Simplify. This is a perfect time to give yourself the gift of simplicity and the joy that comes with it.

Checking it twice

Whether the holiday involves, cooking, shopping, cleaning or organizing, you have plenty of details to keep up with. Let a list do the work for you. If you are grieving, your memory may not be up to par, or you may be having trouble concentrating. That's "normal." Rely on your notes and lists, and keep them handy.

Do you remember?

Companionship, laughter, tenderness... what do you remember? The person you are grieving gave you all kinds of gifts – tangible and intangible during your time together. Write them down and keep them someplace special.

Where's the party?

Just because everyone always comes to your house for the holidays or special occasions doesn't mean they have to come this year. Feel free to try something else to give yourself the space you need to grieve. Too tired to whip up your famous recipe? That's okay. Let someone else prepare it to your specifications.

Surprise!

Be prepared for the holidays as well as birthdays and anniversaries and other special occasions to be an emotional time for you. Don't be surprised by tears and sadness, and don't fight them off. Instead carry tissues. Tell the people you are with that you probably will cry, and invite them to cry with you.

Just say no

If you are feeling pressured to participate in more than you're comfortable with try saying "no". "No thank-you." You don't owe anyone an explanation. Be kind, but firm. People will want you to feel welcomed and included, but they will also understand that you need some time.

Share the love

Holidays and special occasions where gift giving is the custom may be hard in that no gift is being purchased for the deceased. Consider buying a gift for someone who would otherwise not have a gift or make a contribution to a charitable organization in that person's name.

Tell me again

Instead of trying to push back memories of the person you are grieving this holiday, ask friends and family members to share recollections of the person with you in photographs, stories, and mementos. Some families box, wrap and give each other memories. Trinkets that remind us of the family member or friend are especially enjoyed by, and helpful for, children.

Pay attention

Most importantly, pay attention to yourself. Listen when that little voice tells you you're tired, and need to take a break from holiday preparation. Give yourself the option of not attending another party or event. And be sure to let your friends and family members know what you're up for and what they can do to help.

gently lifted from Good Grief Center



**Our Beloved Children...In our Hearts always...
Remembered on the Remembrance Day of their death**

**OUR CHILDREN REMEMBERED FOR
DECEMBER Birthdays and Always**

John Fonsemorti, son of Rose Fonsemorti, 12/2
Sundai Peters, daughter of Arlene and Phil Peters, 12/3
Keven Kuestner, son of Keith and Tammy Kuestner, 12/5
Scott Smakula, son of Shawn Smakula, grandson of Naomi Shaw, 12/7
Joe Caine, brother of Sean and Nina Russo, 12/7
Ashley Doyle, daughter of Brian Doyle, 12/8
Brian Lambert, son of Richard and Alberta Lambert, 12/8
Jason Miller, son of Phil and Pam Miller, 12/10
Arthur Ucci, brother of Joany Ucci, 12/15
Christopher Dixon, son of Steve and Kim Dixon and Dawn Heisler, 12/18 - 12/27
Andy Walnes, daughter of Kim Walnes, 12/19
Joseph Cifone III, brother of Garry and Dorothy Neubert, 12/19
Kevin Malloy, son of MaryLou & Brad Wiley, 12/19
Richard "Rich" Lee Hollabaugh, son of Wayne K. and Linda J. Hollabaugh, 12/20
Michael Fayewicz, brother of Sandra Ligowski, 12/20
Allison Fawcett, daughter of Anne and Bernie Smith, 12/25
Richard Murphy II, son of Richard Murphy, 12/26
Bill Chapman, son of John and Carol Scheetz Sr., 12/29
Terry Harris, son of Kathe McDaniel, 12/31

Matthew Detweiler, son of Eleanor Detweiler, sibling of Lesley and Phyllis Mikolon 12/2
Yvonne Basler, daughter of Maria Spires, 12/3
Chad Liles, son of Carl Liles and Susan and John Rowe, 12/5
James Berridge, son of Anne Berridge, 12/6
Beverly Sue Otten, daughter of Mary Leuz, 12/6
Sean Ryer, son of Pat Ryer, grandson of Diana Adams, 12/12
Nicole Rush, daughter of Harold Conrad Sr, 12/12
Michael Tondera, son of Maria & Steven Tondera, brother of Yvonne Perrucci, 12/13
Finnegan Ward, infant son of Edmund & Carlee Ward , 12/14
USMC Sgt. Christopher Thomas, son-in-law of Barbara and Eduino Reboratti, 12/15
Robert Dorman Jr, brother of Donna and Greg Rowe, 12/15
Zachary Dawson, son of Paula Applegate & Roger Dawson, brother of Jamie, 12/16
Joseph Vincente, son of Christine and Donald Vincente, 12/17
Brian Keim, son of Ronald and Joan Keim, 12/18
Dwayne Hager, son of Stanley and Ruth Hager Jr, 12/19
Billy Savage, son of Bill and Blanche Savage, sibling of Jennifer, 12/19
Russell Snyder Jr, son of Russell and Sandra Snyder, 12/20
James Fiorelli, son of Rosanne & Steve Fiorelli, 12/20
Jon Masso, son of Claudia and Emanuel Utti, brother of Melissa Fisher, 12/21
Kim Biborosch, daughter of Diane Biborosch, 12/22
David Schaller, son of Raymond Schaller, 12/23
Jesse Miskovsky, son of David and Debra Miskovsky, brother of Courtney Covelens, 12/24
Michael Johnson, son of Donna Freeman and (stepson) of David Freeman, brother of Dorene Elwell, 12/25
Jeremy Gibialante, son of Kim Gibialante and brother of Keith Gibialante and Monica Shumaker, 12/27
Peter Angstadt III, son of Peter and Lynette Angstadt, 12/29
Eric Moyer, son of Ray & Linda Moyer, 12/31



*and all the children that will never be forgotten as we celebrate their
lives and memories*

*** UPCOMING MEETING ANNOUNCEMENTS ***

December 8, 2013 -- Candle Lighting - information in newsletter

December 10, 2013 -- 7:30 PM - general meeting

No December Steering Committee meeting

January 14, 2014 - 7:30 PM - general meeting



Newsletter Update Form

The purpose of this section is to update your information, email address, mailing address, phone number, Child's name, sibling's name, birth date and anniversary death date. This information will also help us in remembering your child / sibling on their days with a remembrance card sent to you by our chapter. Any questions contact the newsletter editor at 215-536-0173. Mail to the above address. I am the ___parent___sibling___grandparent

Your Name _____ I give permission to remember my child/sibling in the chapter newsletter / website newsletter

Address _____ on their remembrance day and their photo if submitted

Phone # _____

Child / Sibling name _____ birth date _____ anniversary date _____

Child / Sibling name _____ birth date _____ anniversary date _____

If you would like to receive information about our special events, memorial walk and butterfly release, candle lighting etc. via email please provide your email address below.

Would you please consider to receive our newsletter via email as a link to a chapter website where you are able to view it before it is mailed to those who do not have email.

___ yes ___ no email address: _____ PLEASE PRINT

Authorization Signature _____

Date _____

LOVE GIFTS

A LOVE GIFT is a gift of money to The Compassionate Friends. It is usually in memory of a child who has died; either on his/her birthday or anniversary of the death. It can also be from someone who wants to honor a friend or relative who has died, or anyone who wants to help support the work of TCF. Your LOVE GIFTS are TAX DEDUCTIBLE, and are the Chapter's main monetary support. Chapter Non-profit #2053

I wish to make a donation in memory _____ honor _____ of _____
Birth date _____ Death date _____

Love gift message _____

Please send your check payable to: TCF Quakertown Chapter and mail to: TCF Quakertown Chapter, PO Box 1013, Quakertown, PA 18951

I / We would like our Love gift to be used for: _____ Special Events /Speakers/community outreach _____ Memorial Garden
_____ Candle Lighting Program _____ Memorial Walk & Butterfly Release _____ General operating expenses

Your Name _____ email _____

Address _____

Telephone _____

LOVE GIFTS

If you would like to remember your loved one in our newsletter and make a donation to help support the group please fill in the form and mail it in by the 15th of each month for the next months newsletter. Information and love gift must be received by above date to insure it to be in the next month's newsletter. Any love gifts received after the above date will be mentioned in the following month's newsletter. Thank you, The Newsletter Editor



The Compassionate Friends
Quakertown Chapter
PO Box 1013
Quakertown, PA 18951

MEETING DATE: Tuesday, December 10, 2013

December 2013 newsletter



WE ARE A SUPPORT GROUP FOR PARENTS, SIBLINGS, GRANDPARENTS AND FAMILIES WHO HAVE EXPERIENCED THE DEATH OF A CHILD OR SIBLING OF ANY AGE.

If you do not wish to receive this newsletter. Please return this page to the above address.

The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

The children we mourn have died at all ages and from many different causes,
but our love for them unites us.

Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races, creeds, and relationships.

We are young, and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh and so
intensely painful that they feel helpless and see no hope.

Some of us have found faith to be a source of strength, while some
of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression,
while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends,
it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves,
but we are committed to building a future together.

We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace,
share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends .(c) 2007